

# 2017-2018 LUNCH AND LEARN LAUNCH



**HIGH DESIGN HIGH PERFORMANCE**  
INSPIRING OUR WAY TO BETTER BUILDINGS

# LUNCH AND LEARN

## 2017 SERIES

☰

### PPT Analysis Tool Education Topics

- 1 [Overview](#)
- 2 [Climate analysis](#)
- 3 [Program Analysis](#)
- 4 [Building siting\massing\conceptual energy modeling](#)
- 5 [Whole building analysis](#)
- 6 [Daylighting](#)
- 7 [Sunshading](#)
- 8 [Envelope](#)

Future PPT Tool Education Lunch & Learn will be held on **Third Thursdays** through August

8 TOPICS 15 PRESENTERS

Tuesday, January 24, 2017


### Analysis to Support Project Design Goals

Presented by  
Doug Sams  
Justin Brooks

SEA -24 NE Video 2  
LAX - SW War Room  
VAN - Boardroom 1  
PDX - West End 1  
NYC - Small  
DC - Little 1

1 AIA/HSW Credit  
1 GBCI Credit\*

\*Self reporting



Thursday, February 16, 2017


### Climate Analysis for Building Design

Presented by  
Ed Clark  
Chris Chatto

SEA -24 NE Video 2  
LAX - SW War Room  
VAN - Boardroom 1  
PDX - West End 1  
NYC - Small  
DC - Little 1

1 AIA/HSW Credit  
1 GBCI Credit\*

\*Self reporting



Thursday, March 16, 2017

### Program Analysis for Building Design

Presented by  
Amy Jarvis  
Chris Chatto

SEA -24 NE Video 2  
LAX - SW War Room  
VAN - Boardroom 1  
PDX - West End 1  
NYC - Small  
DC - Little 1

1 AIA/HSW Credit  
1 GBCI Credit\*

\*Self reporting



Thursday, April 20, 2017


### Conceptual and Shoebox Energy Modeling for Building Siting and Massing

Presented by  
Amy Jarvis  
Dane Stokes  
Sean Wittmeyer

SEA -24 NE Video 2  
LAX - SW War Room  
VAN - Boardroom 1  
PDX - West End 1  
NYC - Small  
DC - Little 1

1 AIA/HSW Credit  
1 GBCI Credit\*

\*Self reporting



Thursday, May 18, 2017


### Whole Building Analysis

Presented by  
Amy Jarvis  
Jacob Dunn

SEA -24 NE Video 2  
LAX - SW War Room  
VAN - Boardroom 1  
PDX - West End 1  
NYC - Small  
DC - Little 1

1 AIA/HSW Credit  
1 GBCI Credit\*

\*Self reporting



Thursday, June 15, 2017

### Design for Daylighting

Presented by  
Ed Clark  
Marty Brennan  
Sarah A'Hearn  
Amy Shouder  
Jacob Dunn  
Ashleigh Fischer  
Amy Jarvis

SEA -24 Large  
LAX - Conference Room 3  
VAN - Boardroom 1  
PDX - 4 North  
NYC - Small  
DC - Little 1

1 AIA/HSW Credit  
1 GBCI Credit\*

\*Self reporting



Thursday, July 20, 2017

### Design for Sunshading

Presented by  
Chris Chatto  
Mitra Memari  
Jacob Dunn

SEA -24 NE  
LAX - Conference Room 6  
VAN - Boardroom 1  
PDX - West End 1  
NYC - Small  
DC - Little 1

1 AIA/HSW Credit  
1 GBCI Credit\*

\*Self reporting



Thursday, August 17, 2017

### Designing the Skin

Presented by  
Jacob Dunn  
Mark Fretz  
Glen Justice

SEA -24 NE  
LAX - Conference Room 6  
VAN - Boardroom 1  
PDX - West End 1  
NYC - Small  
DC - Individual's desk

1 AIA/HSW Credit  
1 GBCI Credit\*

\*Self reporting



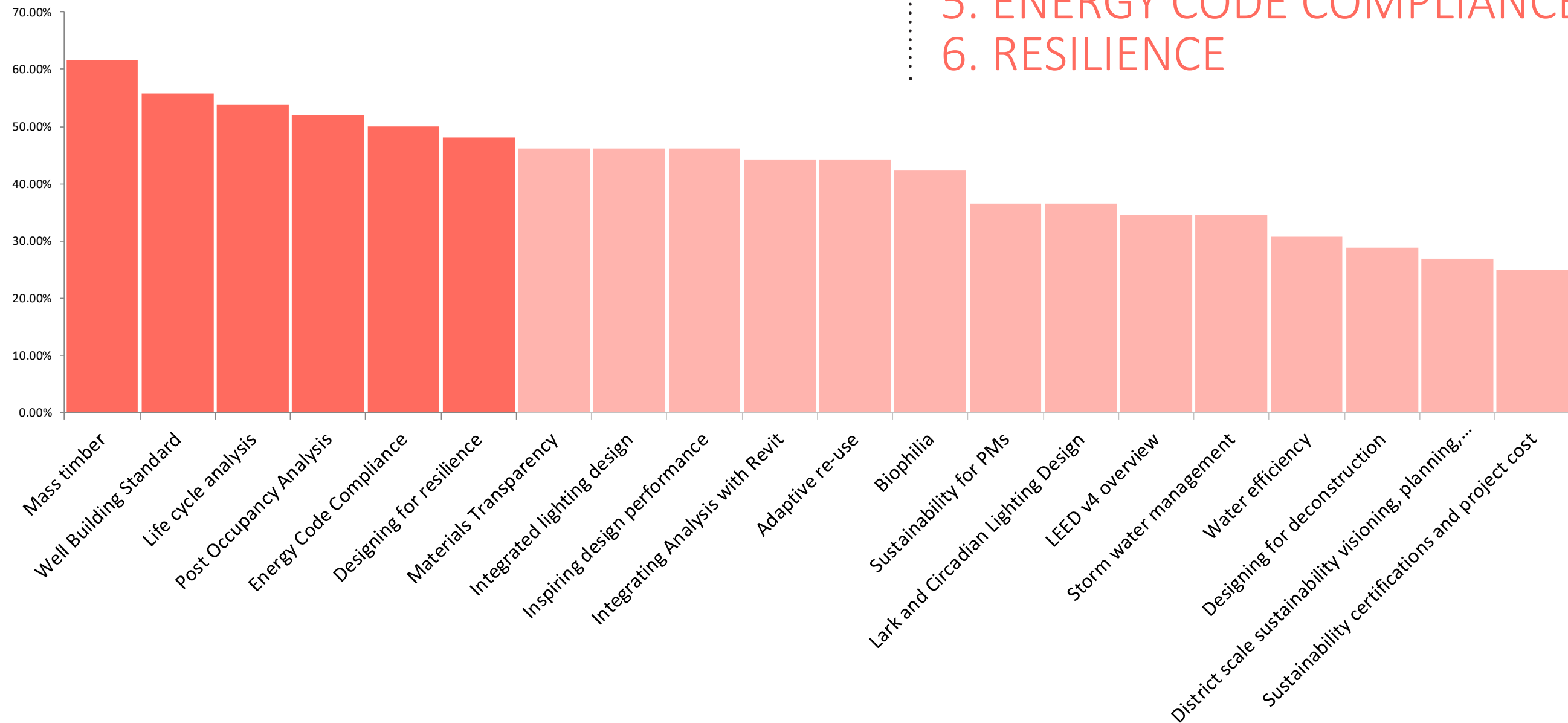
# LUNCH AND LEARN

## SURVEY RESULTS

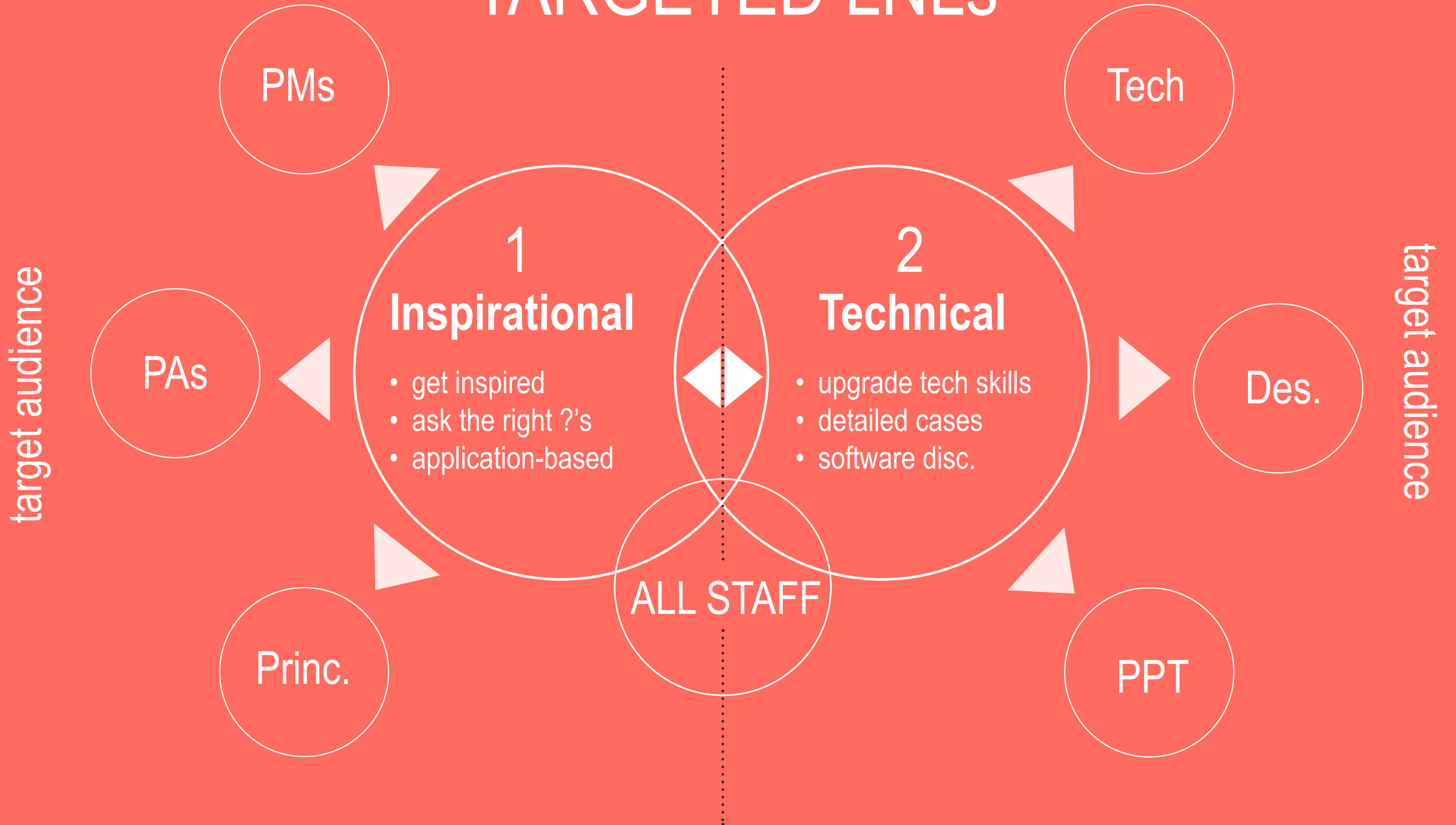
[jacob.dunn@zgf.com](mailto:jacob.dunn@zgf.com)

### TOP 6 - TOPICS

1. MASS TIMBER
2. WELL BUILDING STANDARD
3. LIFE CYCLE ANALYSIS
4. POST OCCUPANCY ANALYSIS
5. ENERGY CODE COMPLIANCE
6. RESILIENCE



# TARGETED LNLs

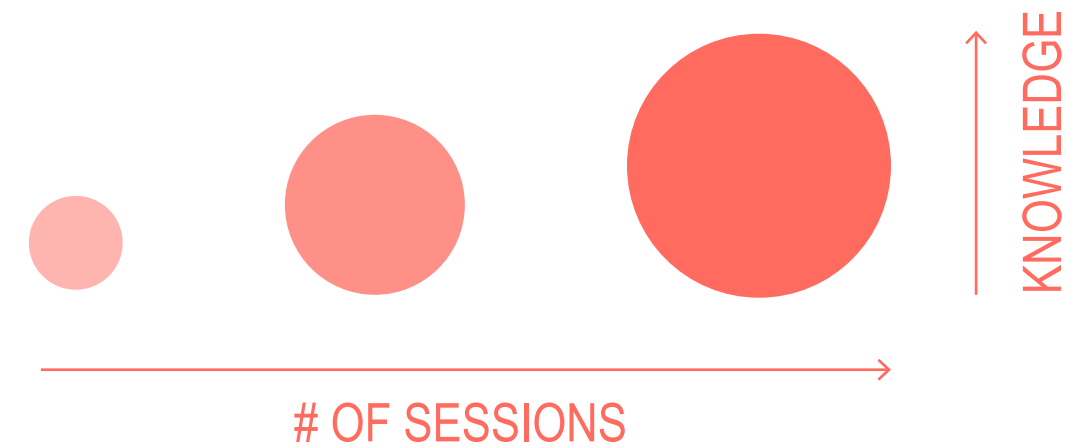




# LUNCH AND LEARN APPROACH

MASS TIMBER  
WELL BUILDING STANDARD  
LIFE CYCLE ANALYSIS  
POST OCCUPANCY ANALYSIS  
ENERGY CODE COMPLIANCE  
RESILIENCE  
COMPUTATIONAL DESIGN

## GRADUATED APPROACH



**INSPIRE EDUCATE**

# **INSPIRE** **EDUCATE**

**ATTITUDES**

**EXAMPLES**

“

If you want to build a ship, don't drum up people to collect wood and don't assign them tasks and work, but rather teach them to long for the endless immensity of the sea.

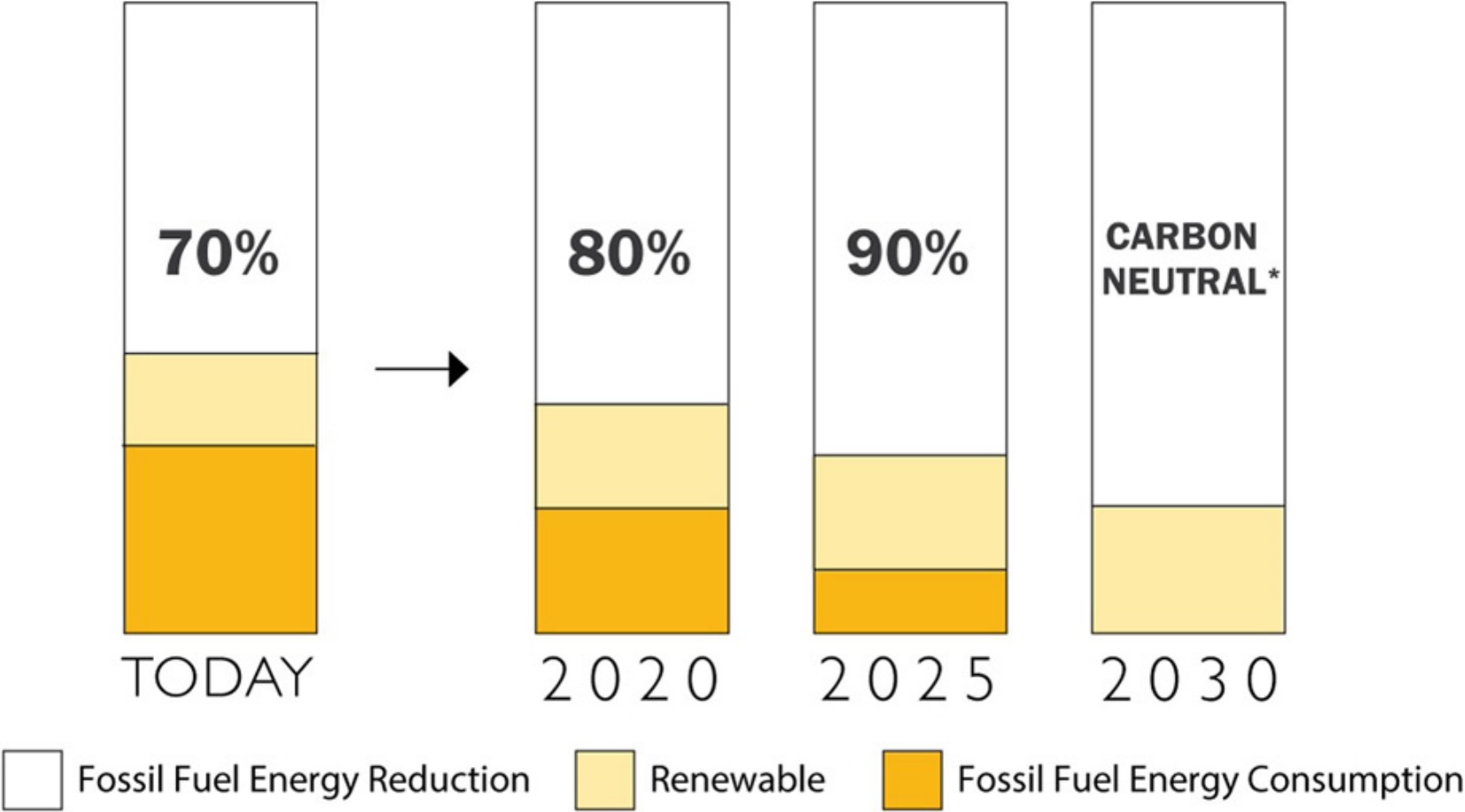
”



**Antoine  
de Saint-Exupery**

# QUANTIFICATION

## ARCHITECTURE 2030 CHALLENGE



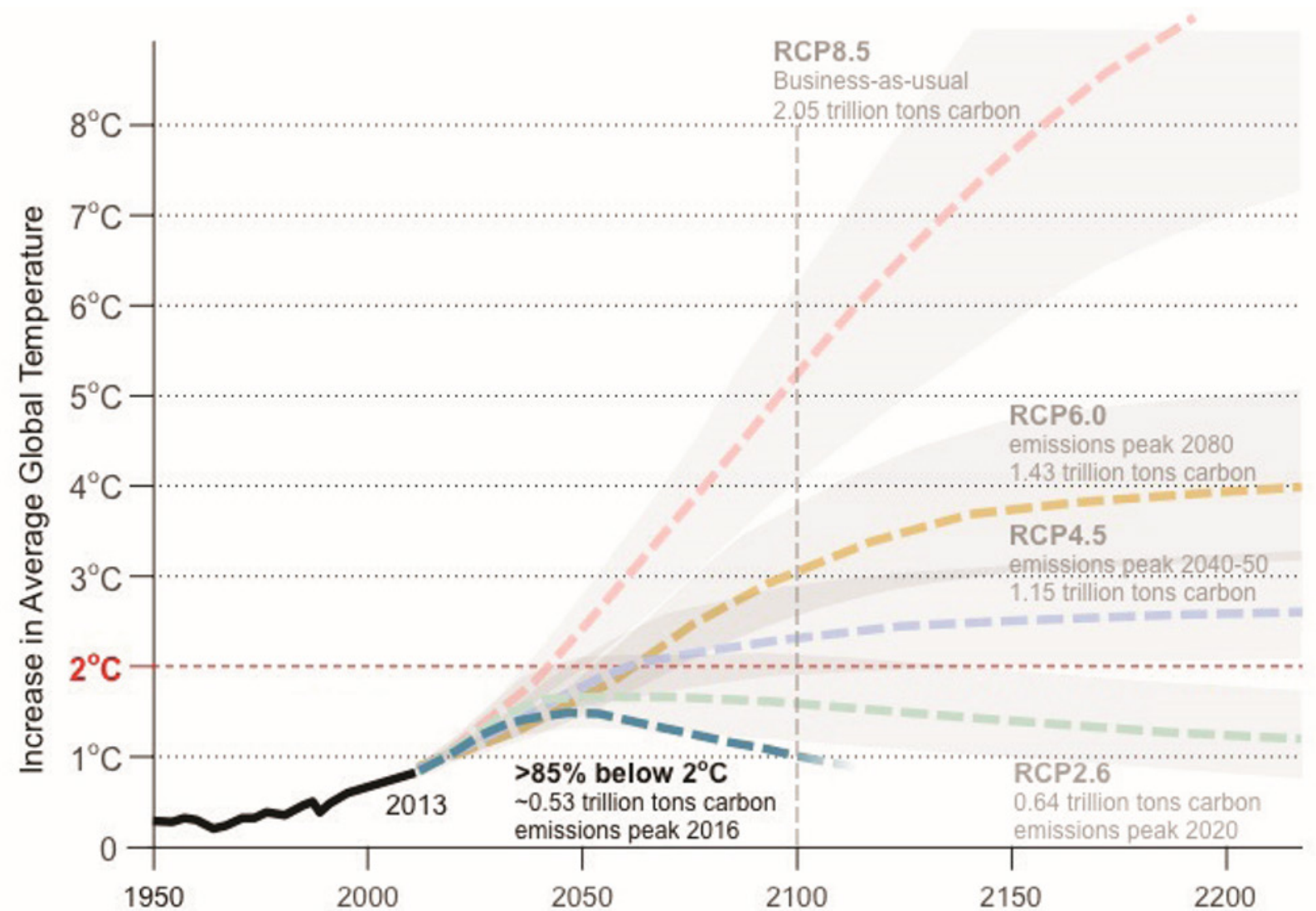
### The 2030 Challenge

Source: ©2015 2030, Inc. / Architecture 2030. All Rights Reserved.  
\*Using no fossil fuel GHG-emitting energy to operate.



# QUANTIFICATION

## ARCHITECTURE 2030 CHALLENGE



**Global Temperature Projections for various RCP Scenarios**

Source: IPCC 2013, Representative Concentration Pathways (RCP); Stockholm Environment Institute (SEI), 2013; Climate Analytics and ECOFYS, 2014.

Note: Emissions peak and cumulative carbon budgets are for fossil fuel CO<sub>2</sub>-only emissions.



[http://architecture2030.org/files/roadmap\\_web](http://architecture2030.org/files/roadmap_web).



# QUALIFICATION

REDEFINING OUR RELATIONSHIP TO THE NATURAL ENVIRONMENT



“

People will not fight for what they do not love.



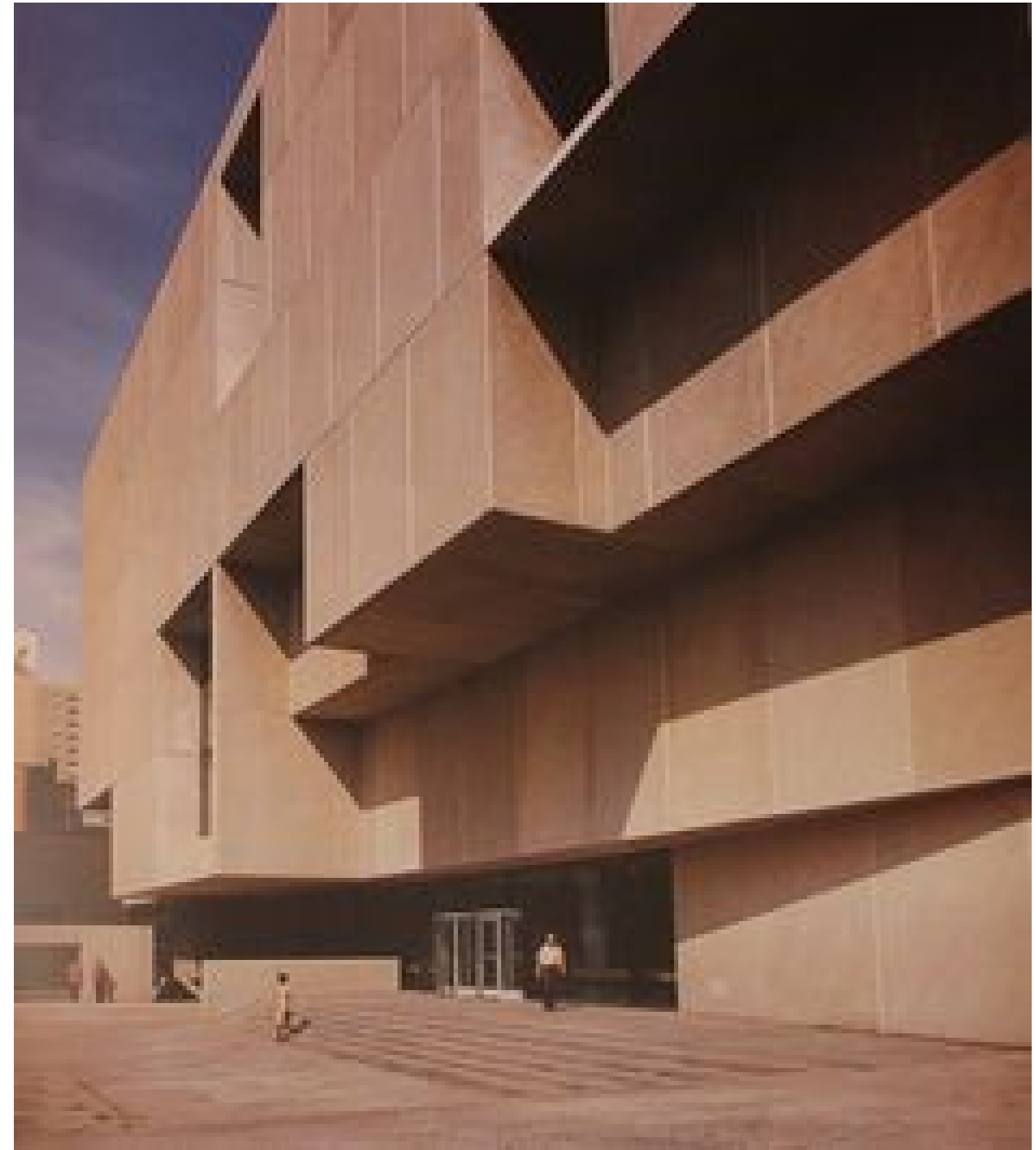
”

David Orr



# DESIGN MATTERS

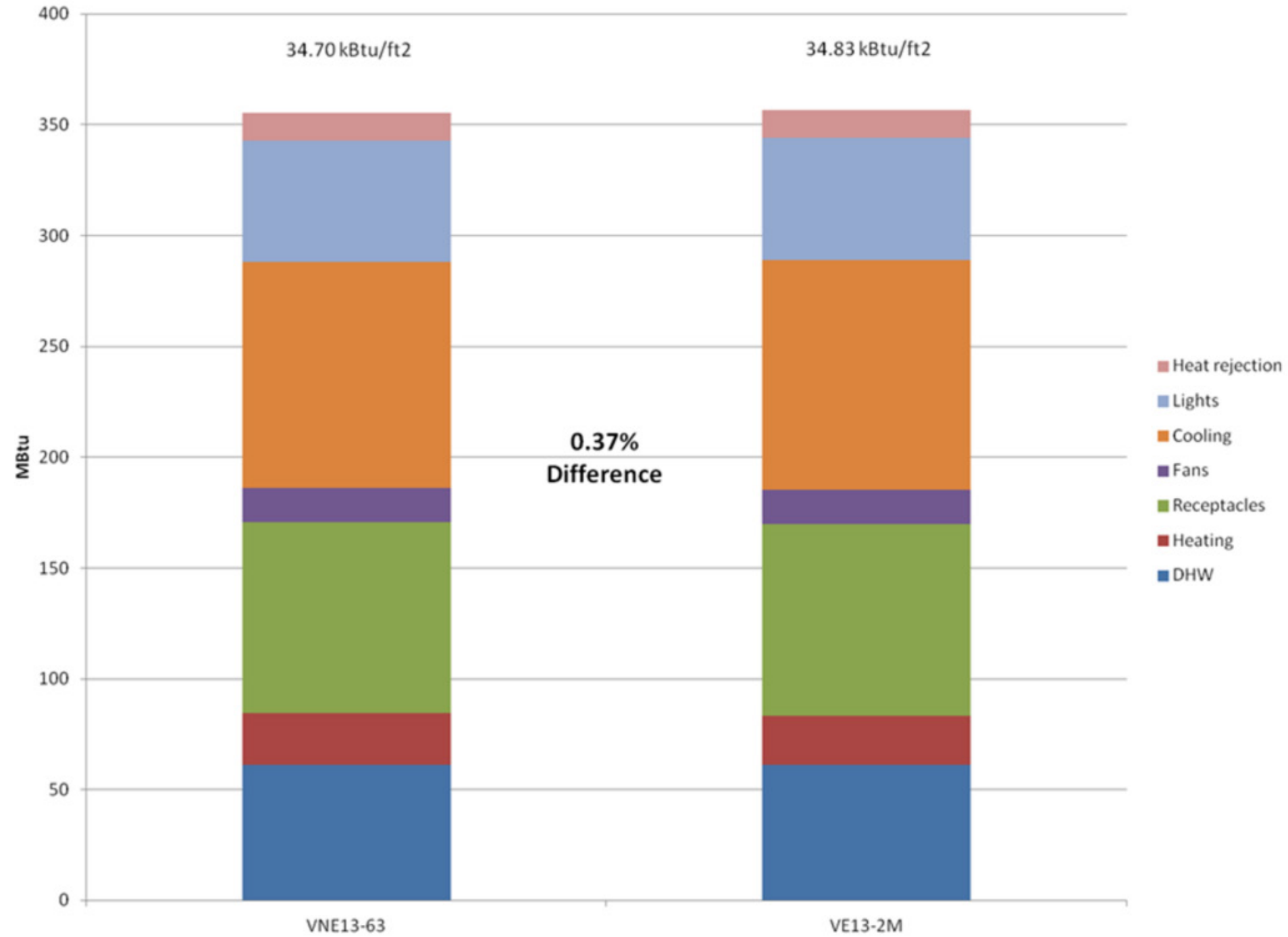
BECAUSE VITALITY MATTERS



**Marcel Breuer - Atlanta Fulton County Central Library**

# PEDAGOGY MATTERS

## ENGAGING THE OCCUPANT

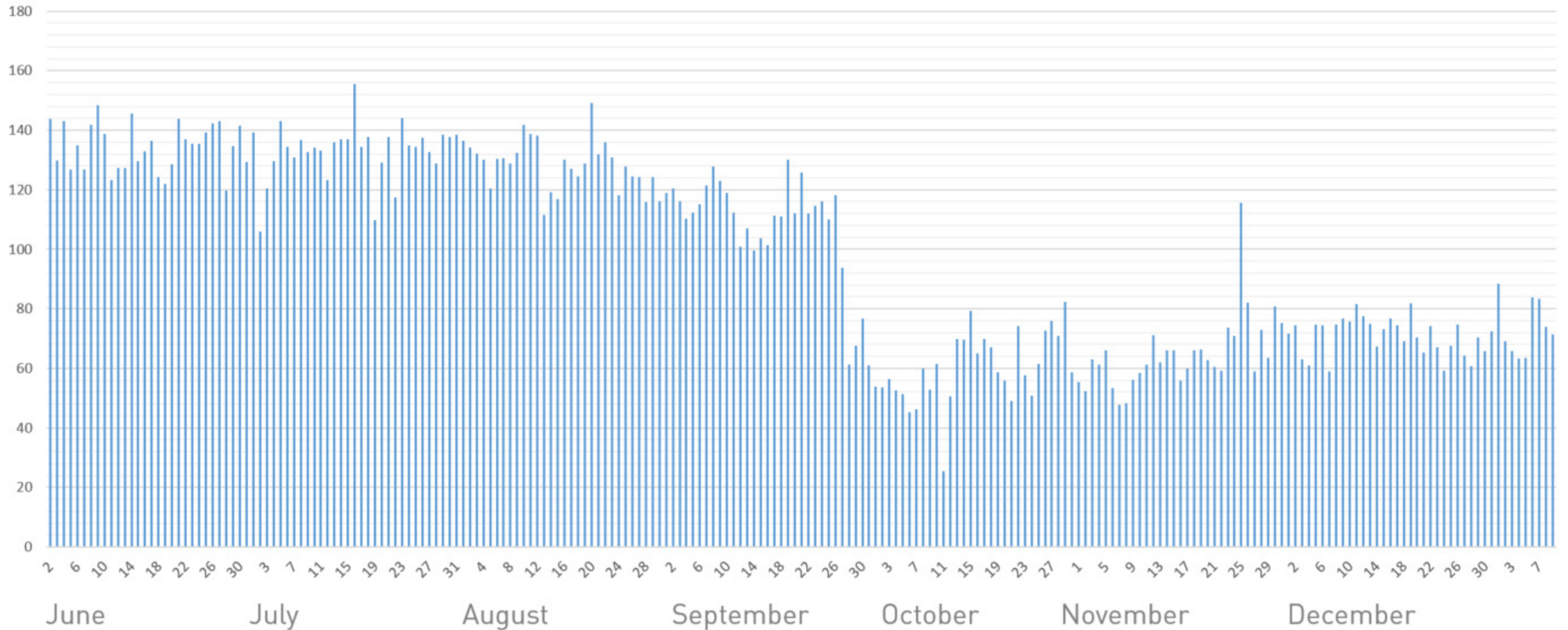




# PEDAGOGY MATTERS

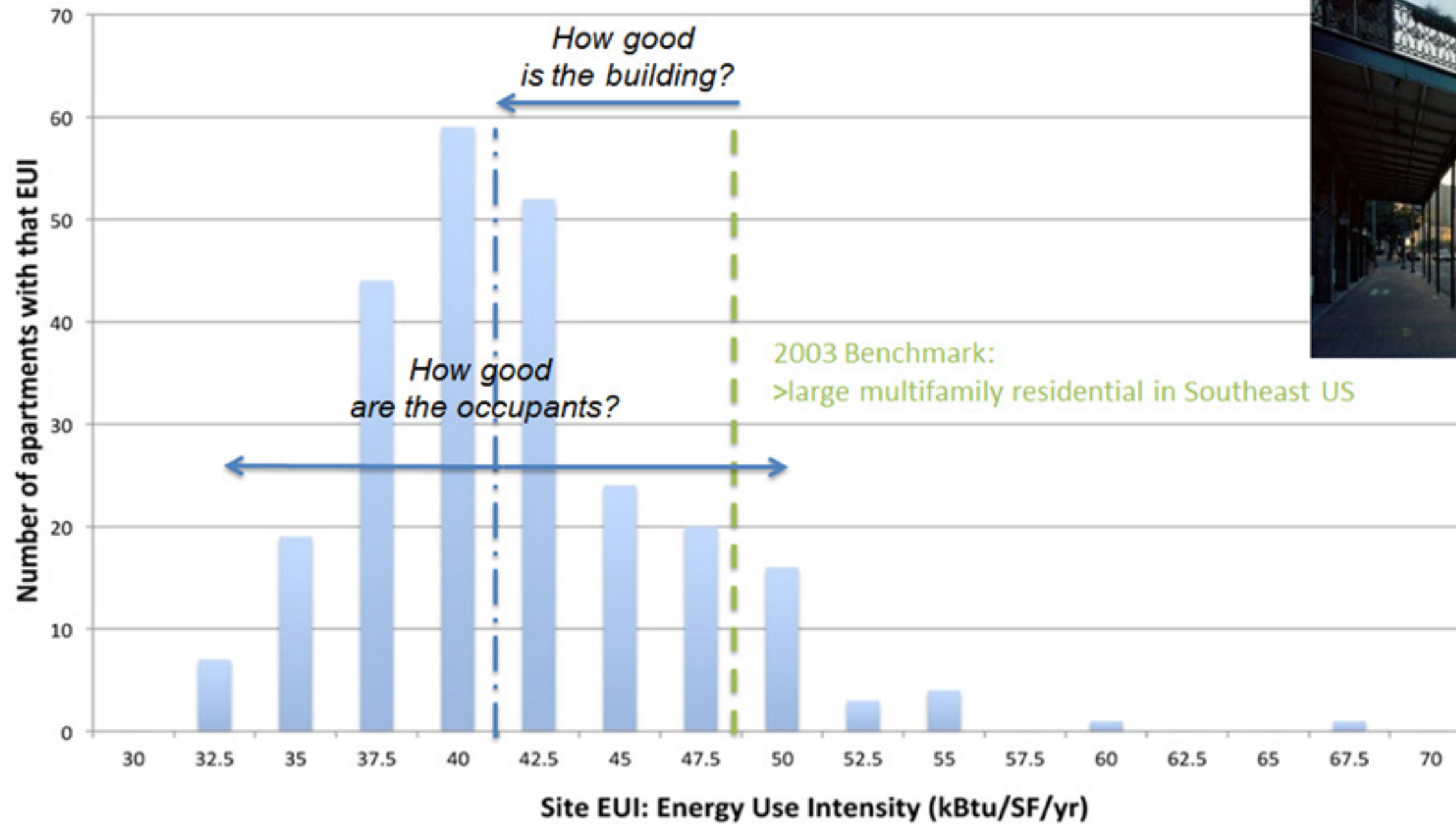
## ENGAGING THE OCCUPANT

Daily Energy at Clark Ranch (kWh)



# PEDAGOGY MATTERS

## ENGAGING THE OCCUPANT





# PEDAGOGY MATTERS

## ENGAGING THE OCCUPANT



LMN Architects - Stone24 Mixed Use Development



# PEDAGOGY MATTERS

## ENGAGING THE OCCUPANT

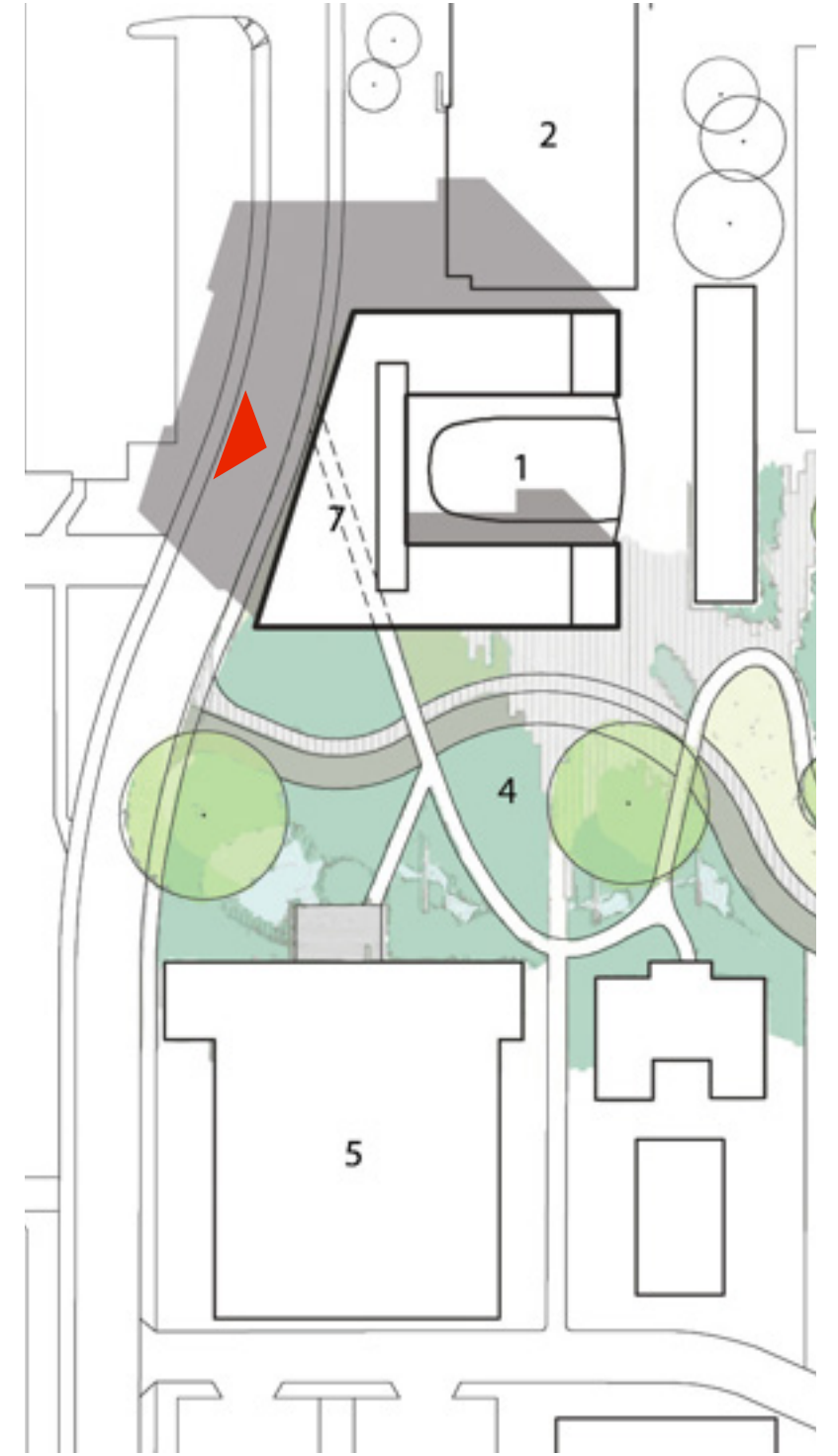


**Perkins + Will - Center for Interactive Research on Sustainability**



# PEDAGOGY MATTERS

## ENGAGING THE OCCUPANT

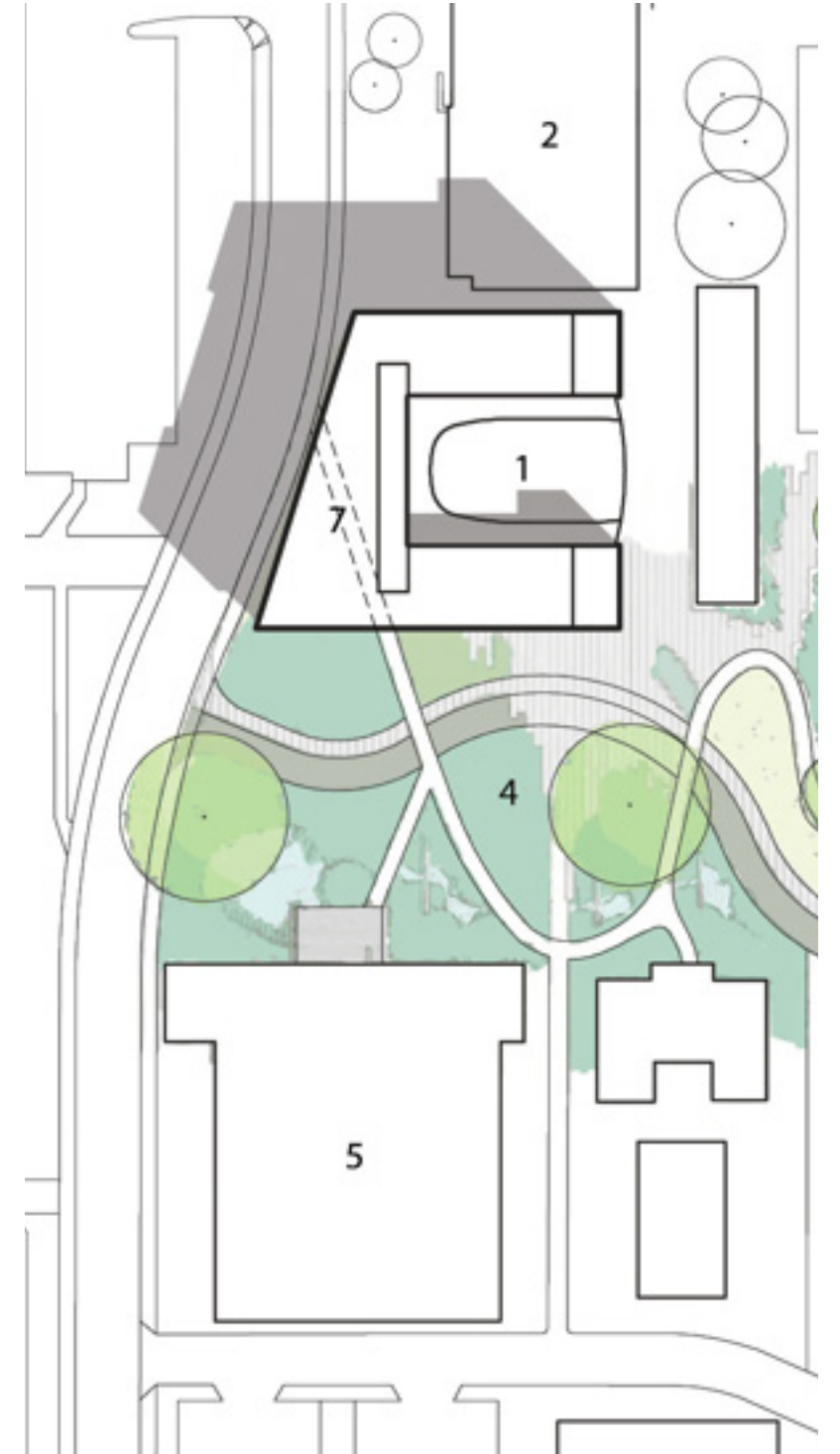


**Perkins + Will - Center for Interactive Research on Sustainability**



# PEDAGOGY MATTERS

## ENGAGING THE OCCUPANT



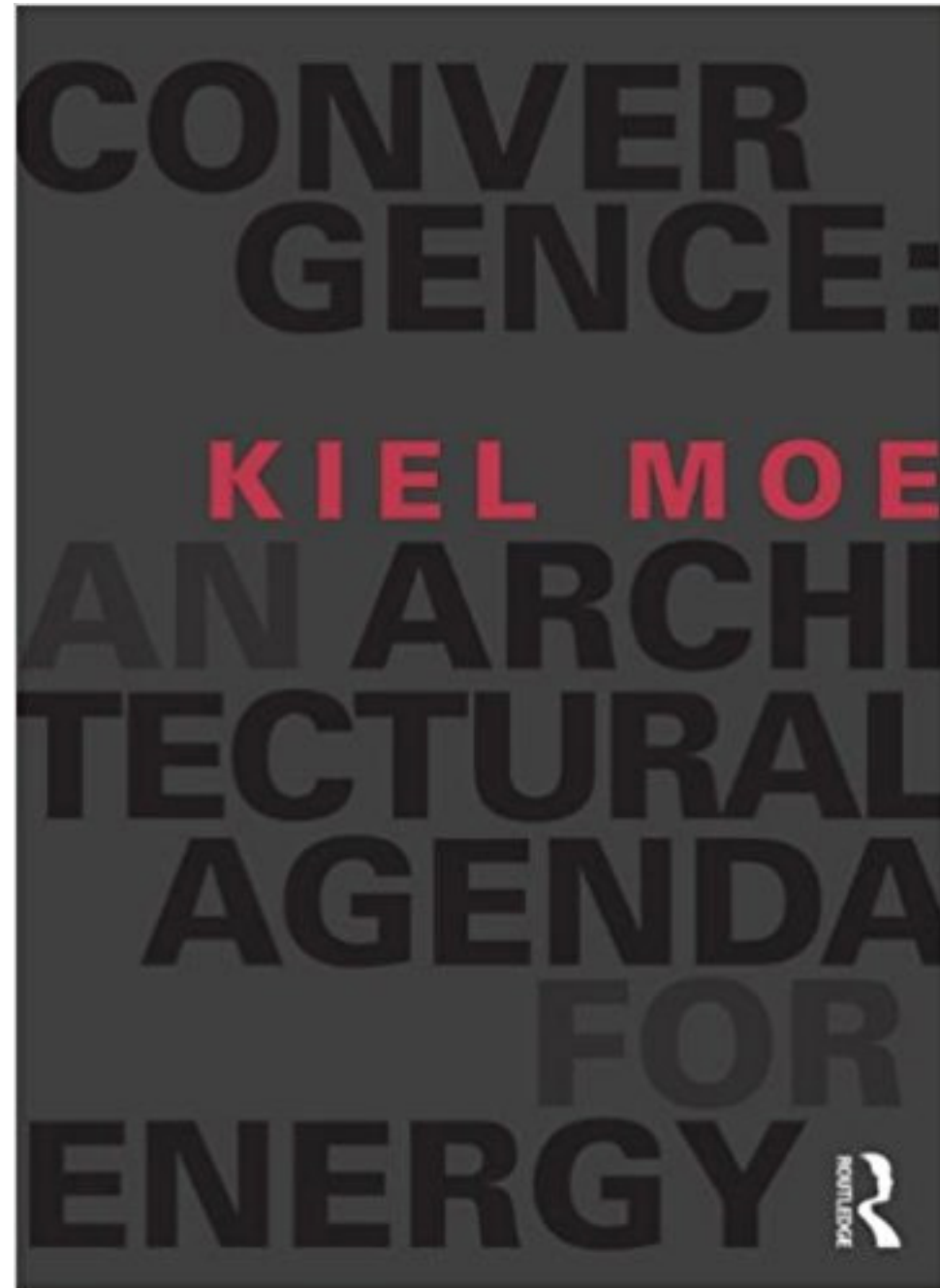
**Perkins + Will - Center for Interactive Research on Sustainability**

<http://edrpl.us/blog/2016/12/21/about-those-bike-racks>



# ATTITUDES

AN ARCHITECTURAL AGENDA FOR ENERGY



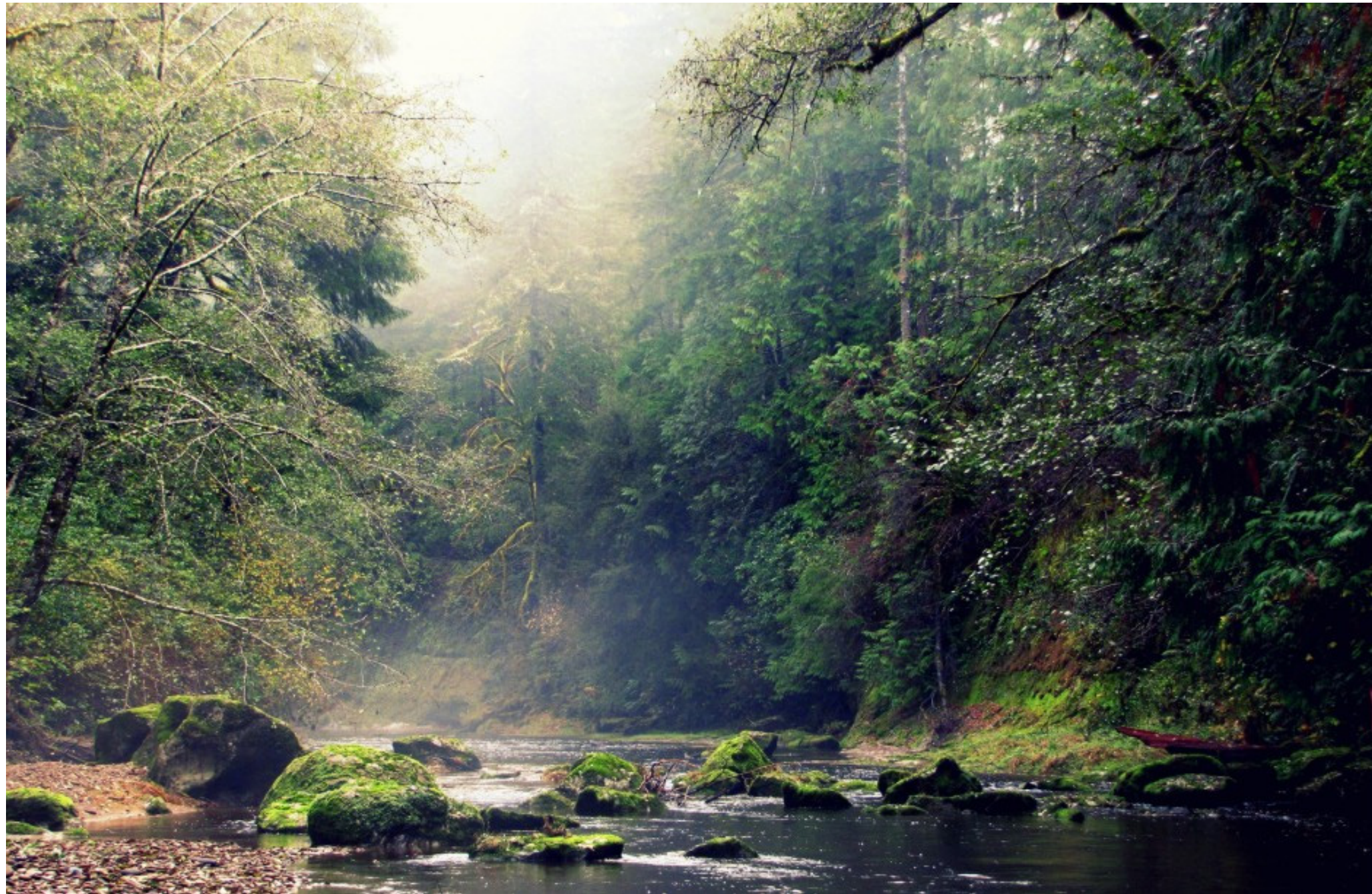
# ATTITUDES TOWARD ENERGY EFFICIENCY?





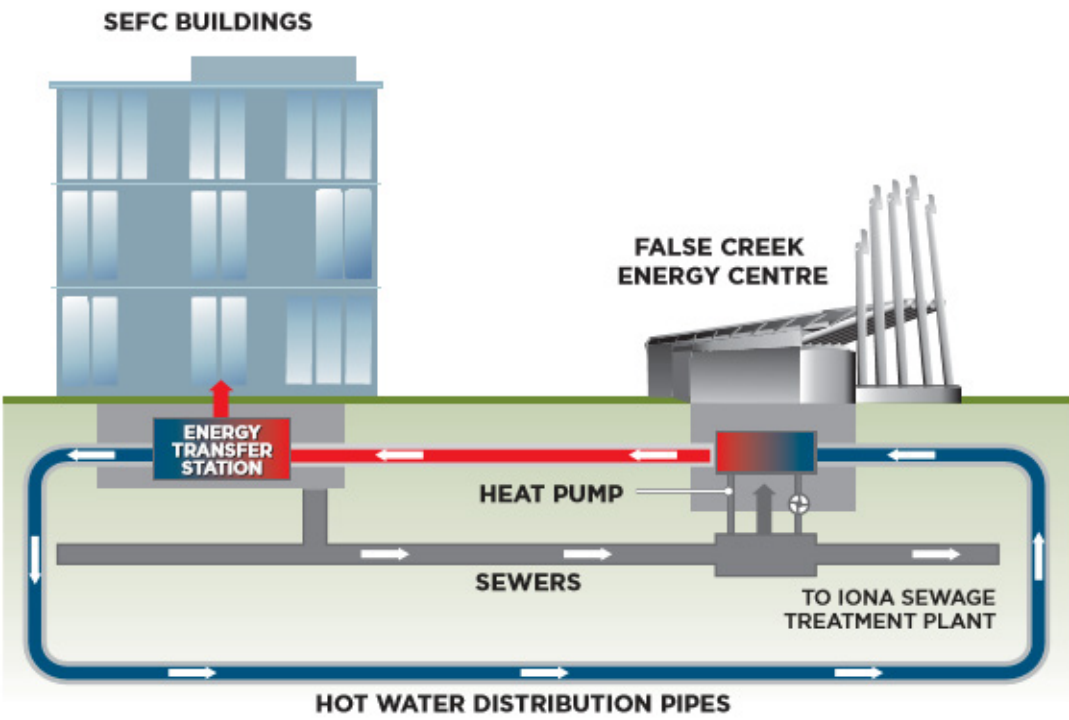
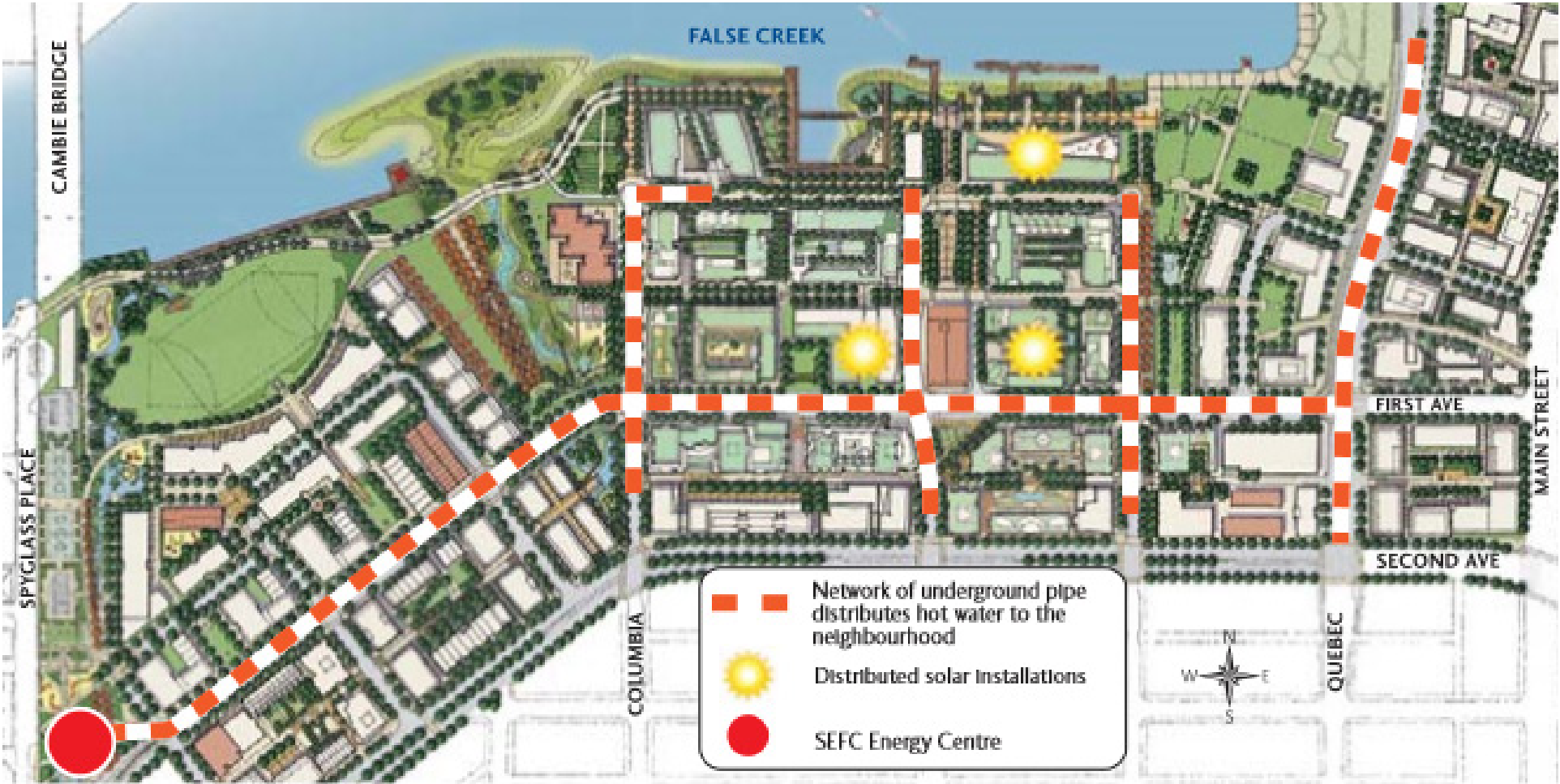
# ATTITUDES TOWARD ENERGY

## MAXIMIZATION - LOW ENERGY, HIGH OUTPUT





# ATTITUDES TOWARD ENERGY MAXIMIZATION

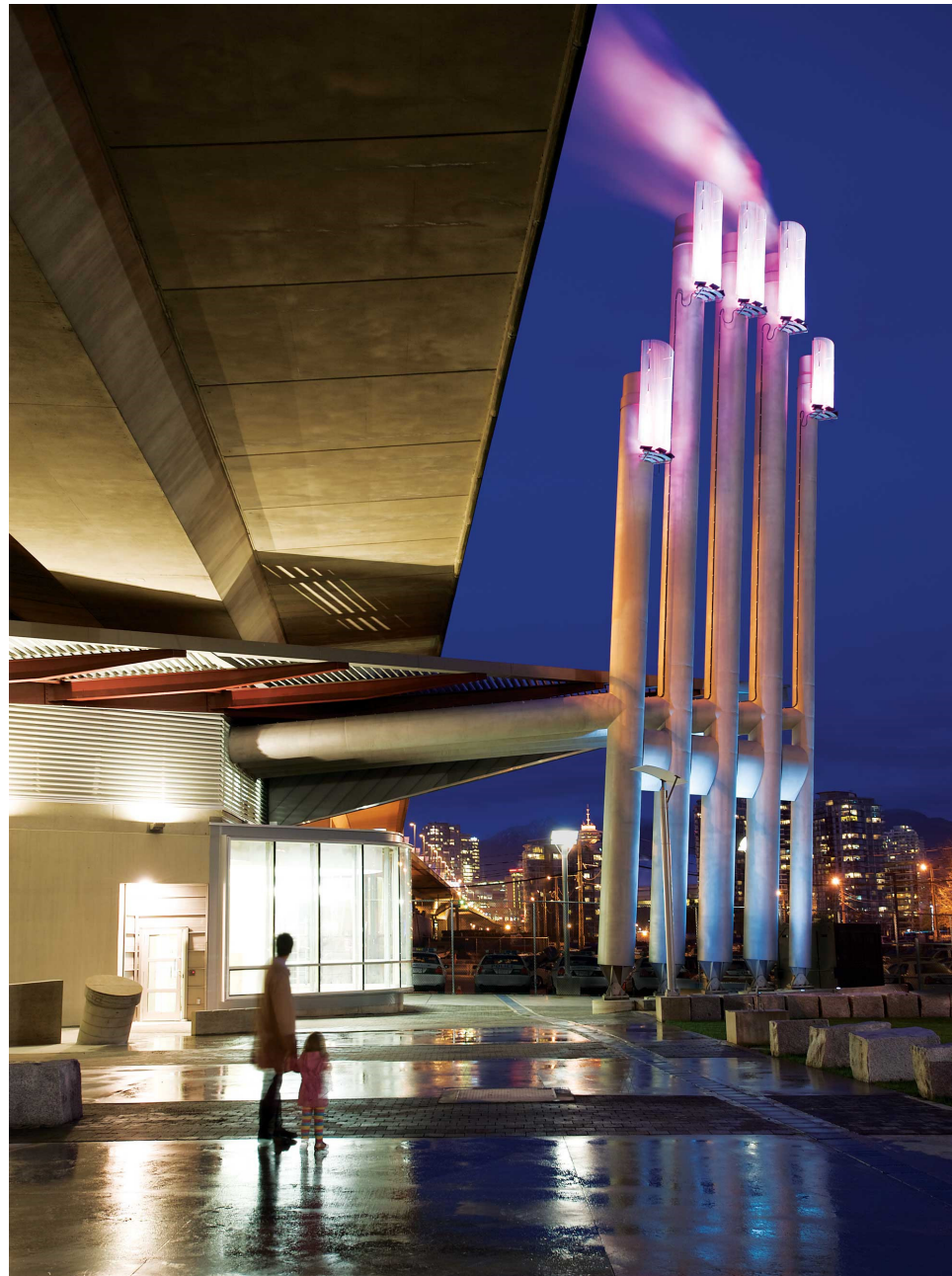


False Creek Energy Centre - Vancouver, BC



meets  
**70%**  
of annual demand







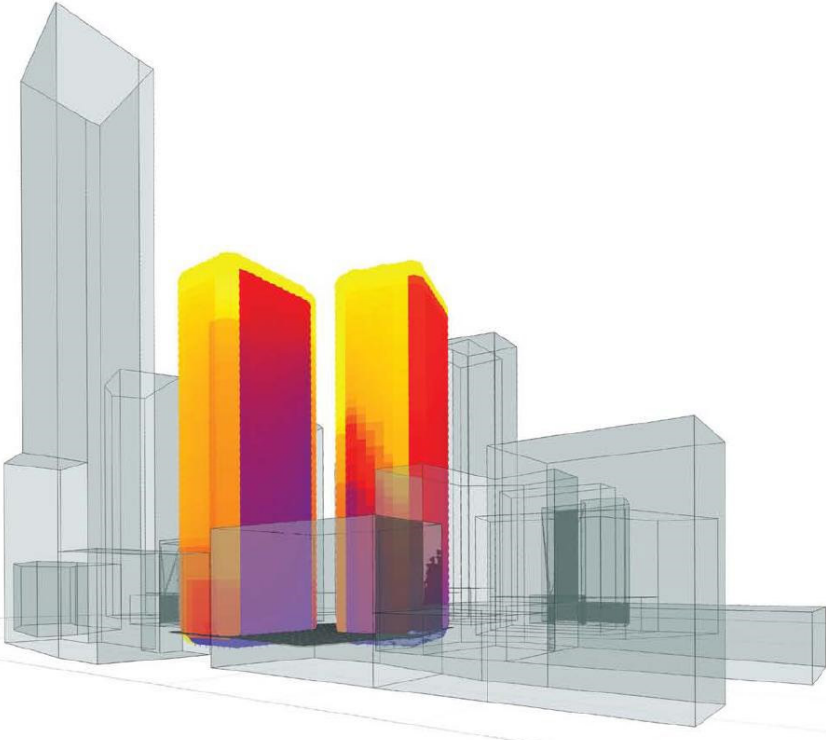
# ATTITUDES TOWARDS PROCESS

## ARCHITECTS SHOULD BE MODELING IN HOUSE

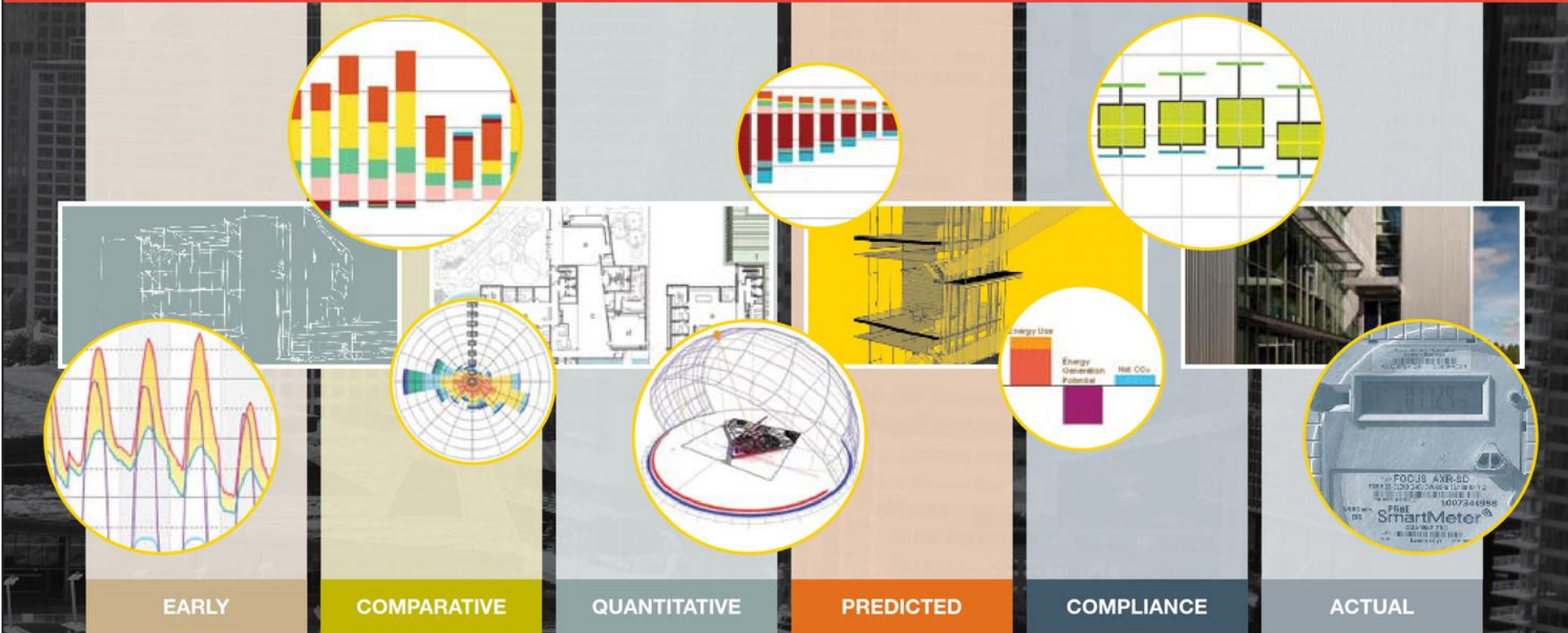
Kjell Anderson

### DESIGN ENERGY SIMULATION FOR ARCHITECTS

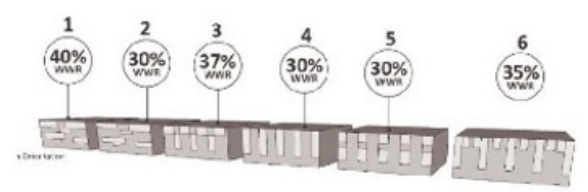
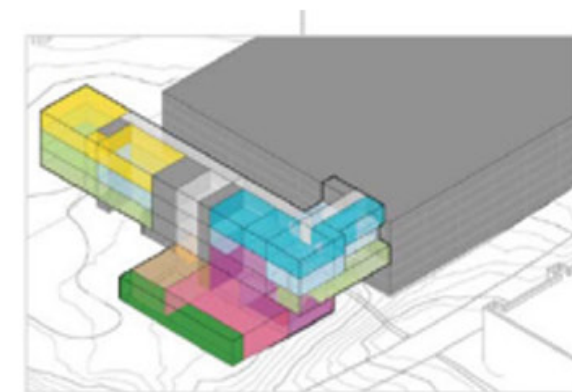
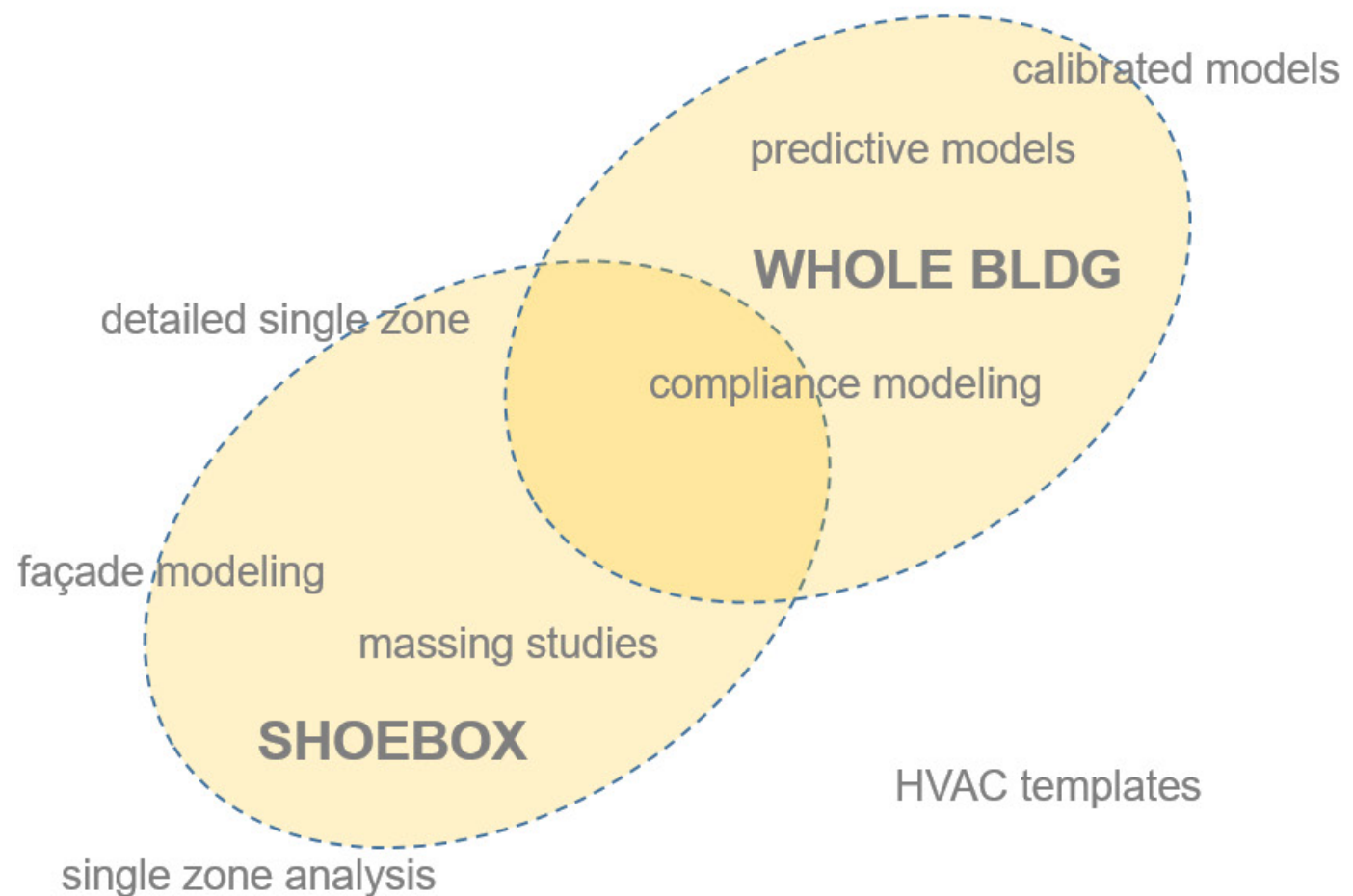
GUIDE TO 3D GRAPHICS



### An Architect's Guide to INTEGRATING ENERGY MODELING IN THE DESIGN PROCESS

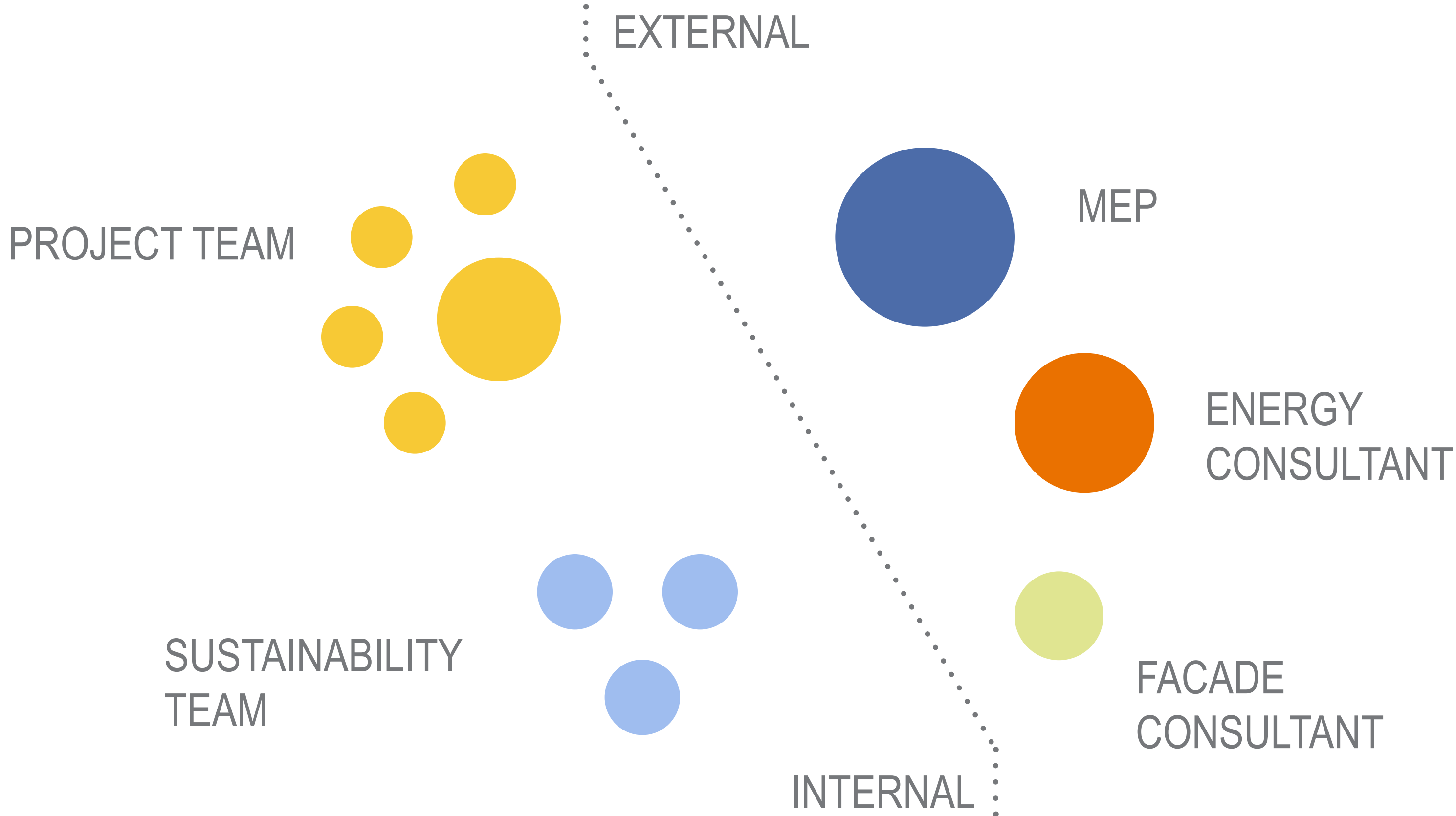


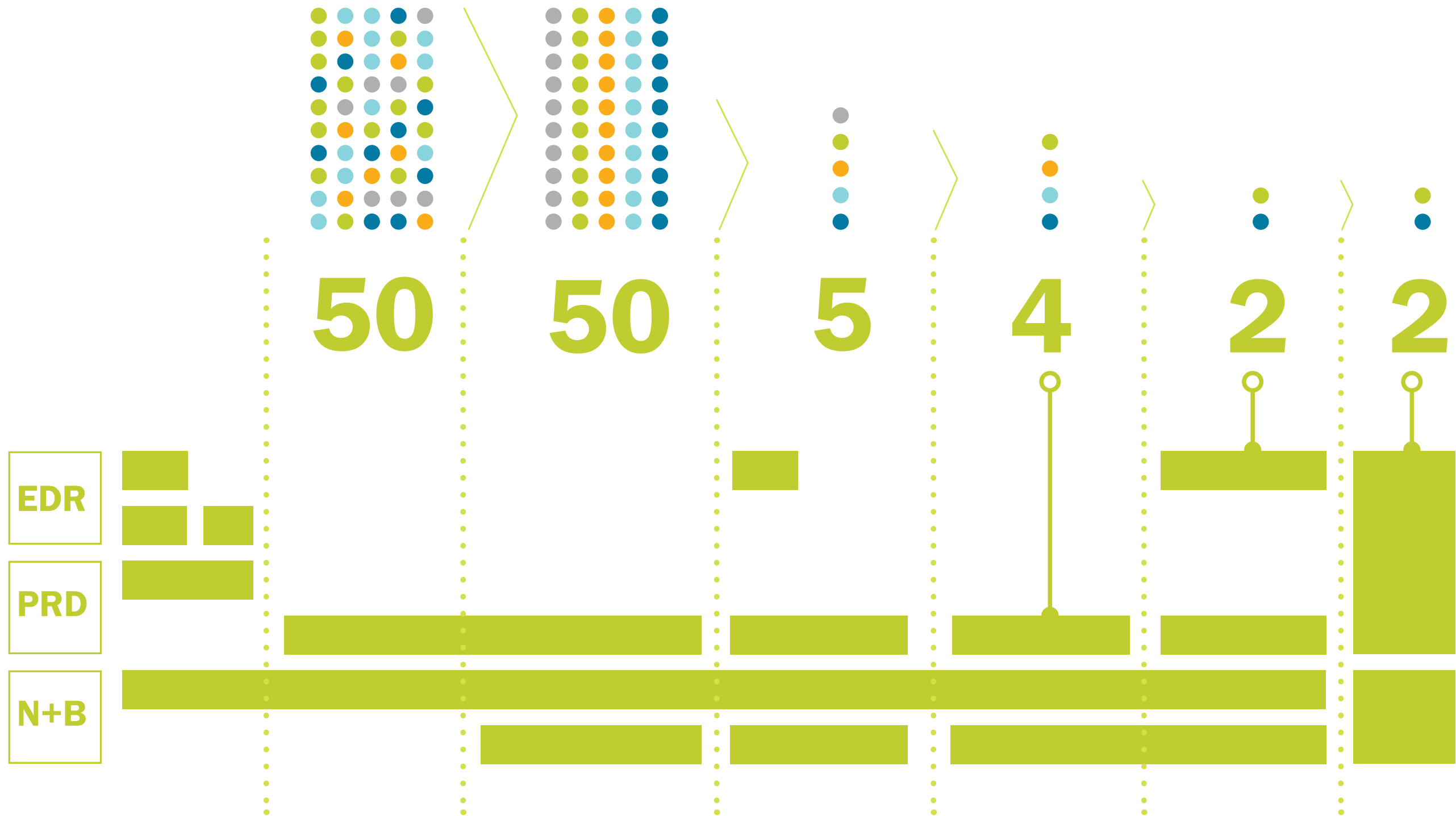
LVL OF DETAIL



# OF ZONES

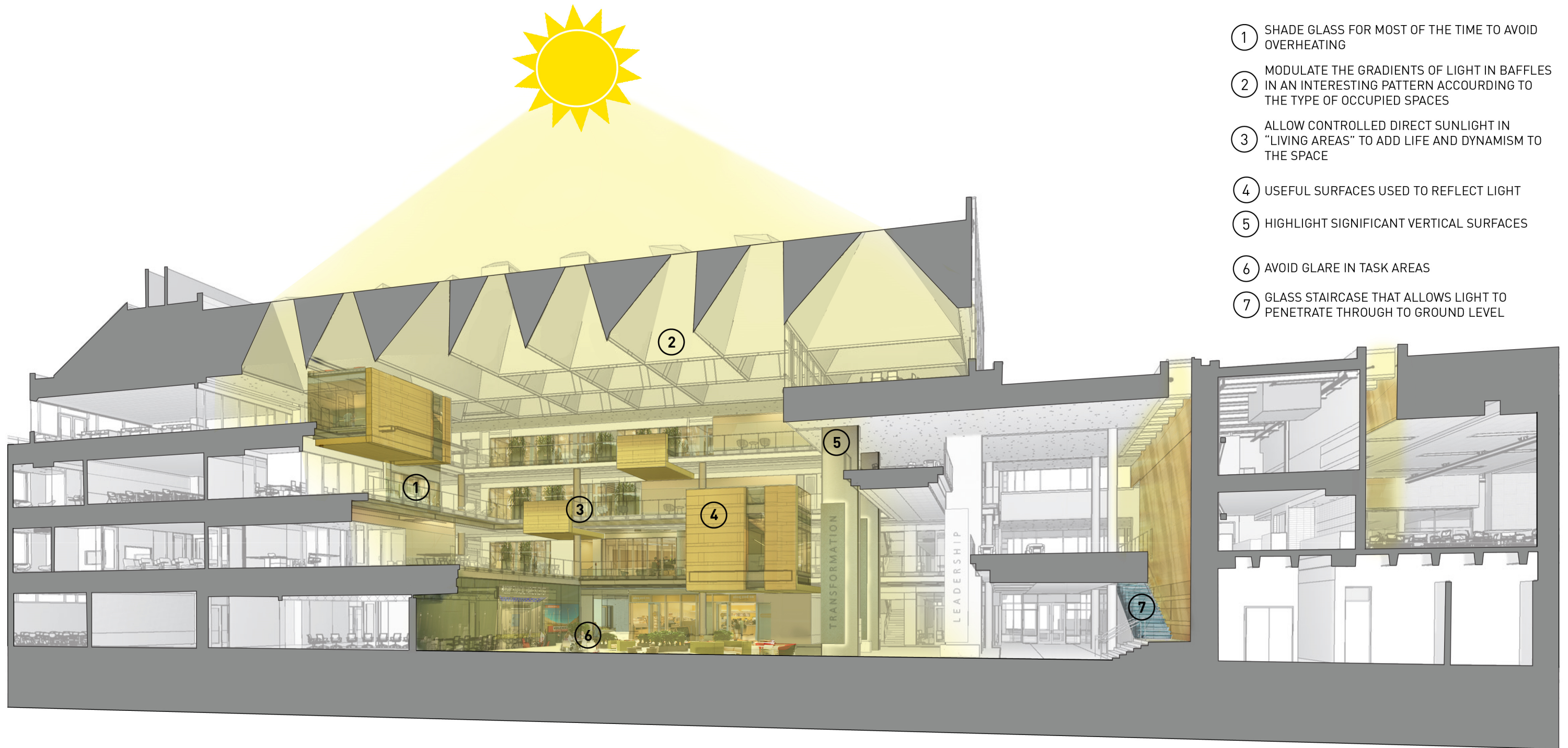






# WHY ARCHITECTS SHOULD MODEL OVERLAND - BAYLOR SCHOOL OF BUSINESS

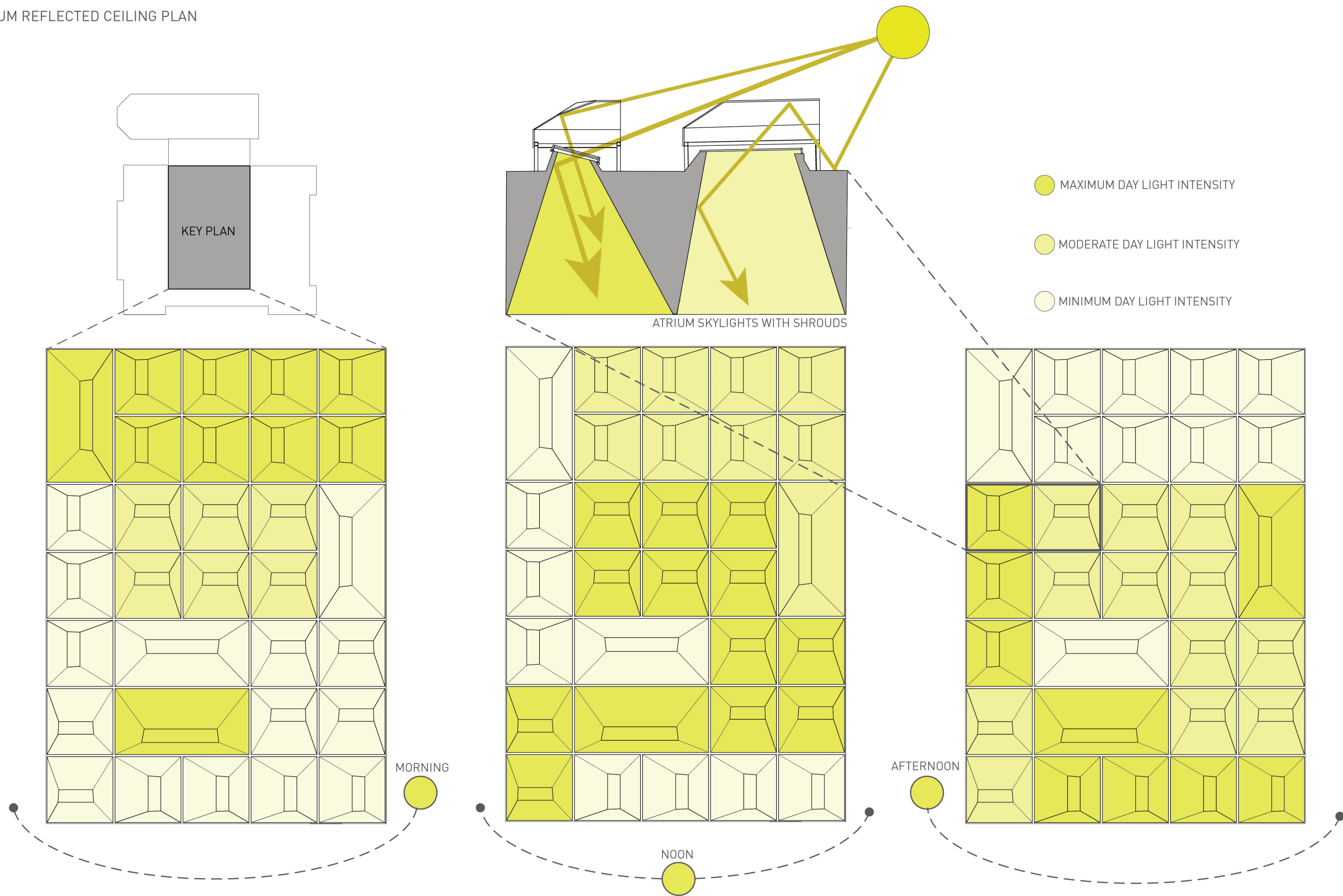




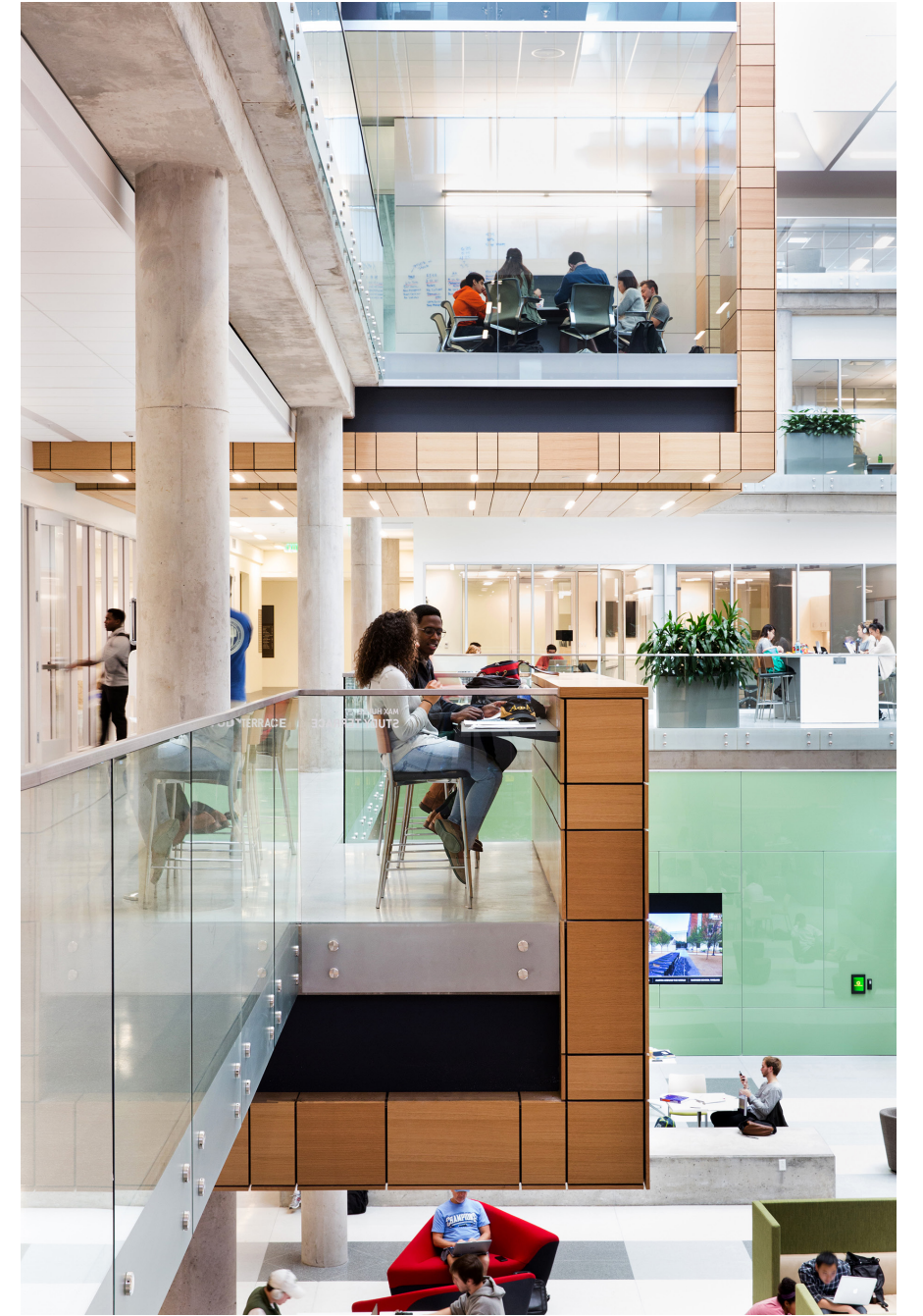
- ① SHADE GLASS FOR MOST OF THE TIME TO AVOID OVERHEATING
- ② MODULATE THE GRADIENTS OF LIGHT IN BAFFLES IN AN INTERESTING PATTERN ACCORDING TO THE TYPE OF OCCUPIED SPACES
- ③ ALLOW CONTROLLED DIRECT SUNLIGHT IN "LIVING AREAS" TO ADD LIFE AND DYNAMISM TO THE SPACE
- ④ USEFUL SURFACES USED TO REFLECT LIGHT
- ⑤ HIGHLIGHT SIGNIFICANT VERTICAL SURFACES
- ⑥ AVOID GLARE IN TASK AREAS
- ⑦ GLASS STAIRCASE THAT ALLOWS LIGHT TO PENETRATE THROUGH TO GROUND LEVEL



ATRIUM REFLECTED CEILING PLAN





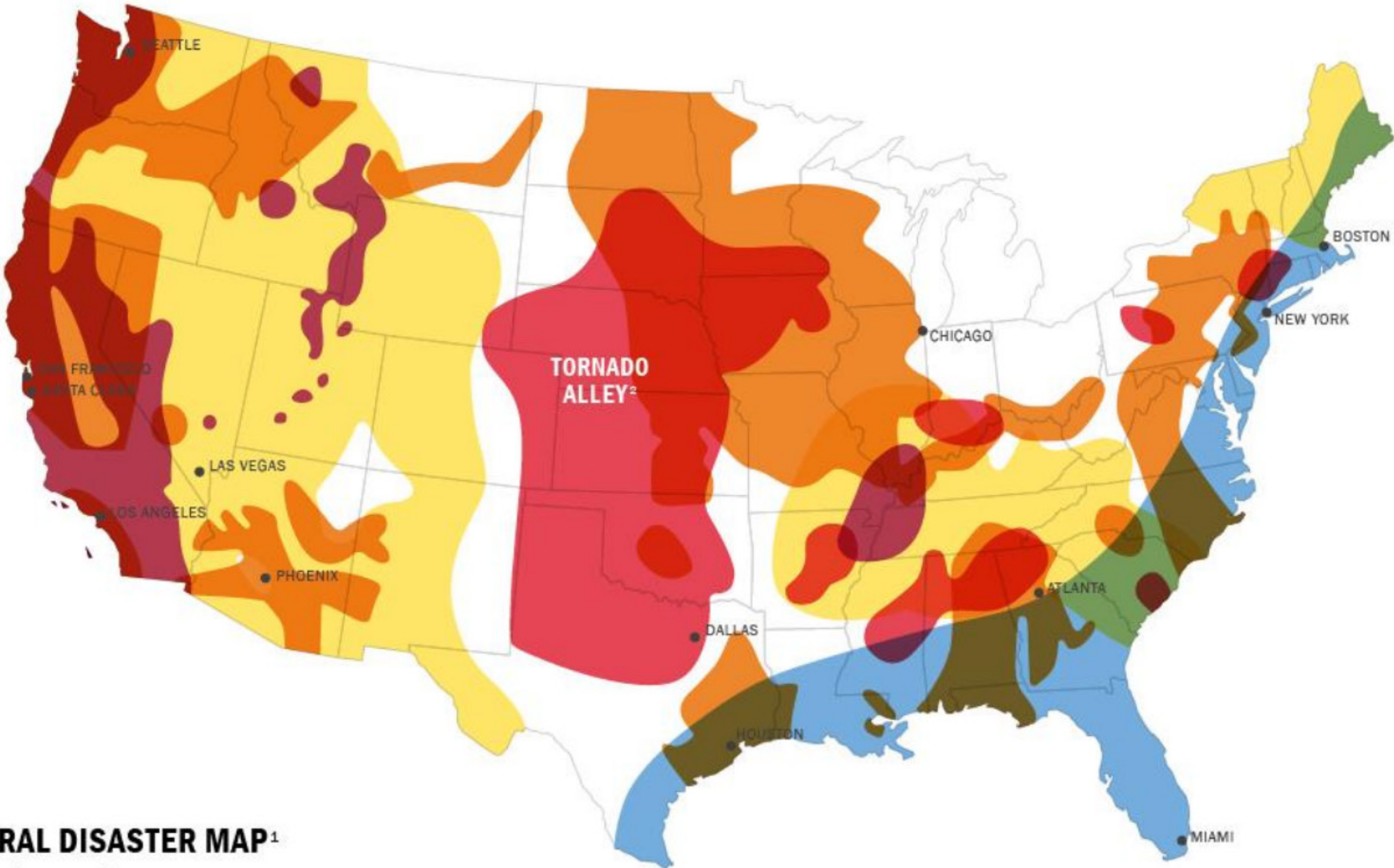






# ATTITUDES TOWARDS RESILIENCE

WHAT EXACTLY IS IT? DEPENDS ON REGION/BUILDING TYPE



**US NATURAL DISASTER MAP<sup>1</sup>**

<sup>1</sup> SOURCE: REDCROSS.ORG

<sup>2</sup> SOURCE: NOAA.GOV

■ HURRICANES   ■ EARTHQUAKES (HIGH RISK)   ■ EARTHQUAKES (MODERATE RISK)   ■ FLOODS   ■ TORNADOS

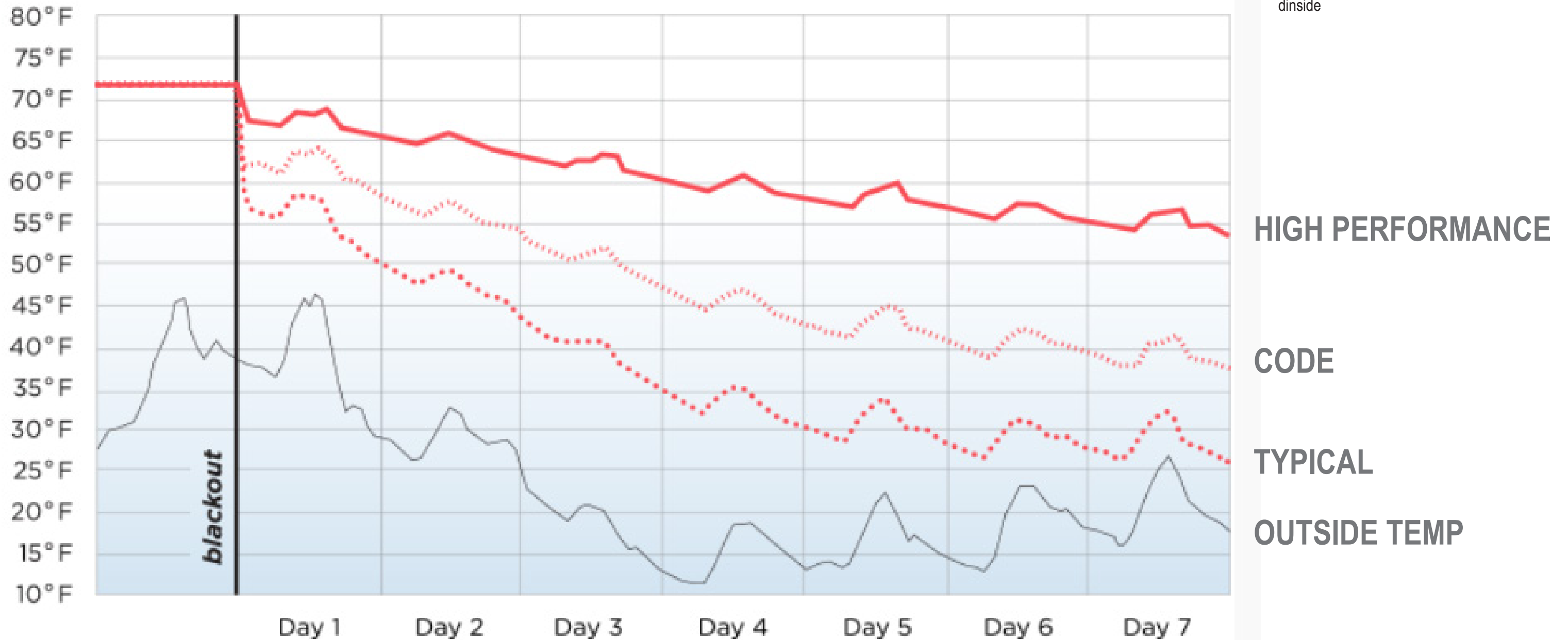


# ATTITUDES TOWARDS RESILIENCE

## THERMAL RESILIENCE



### WINTER - SINGLE FAMILY HOUSE



<http://urbangreencouncil.org/babyitscoldinside>





**SALT LAKE CITY PUBLIC SAFETY BUILDING**



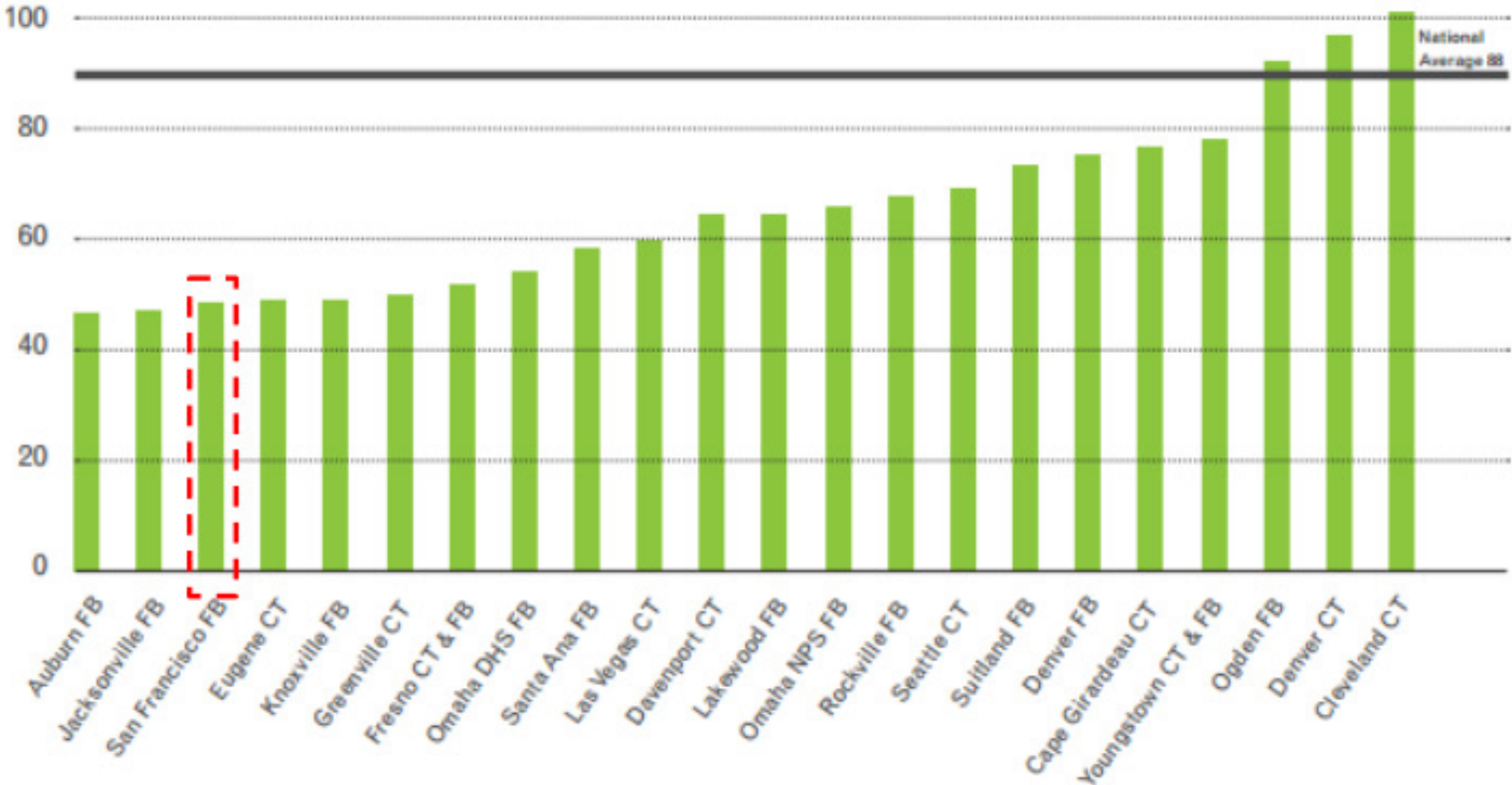
# ATTITUDES TOWARDS POE

WE CARE ABOUT HOW THE BUILDING ACTUALLY PERFORMS

# 54%

ENERGY SAVINGS

Energy Use Intensity  
(kBTU/gsf/yr, compared to CBECS Office National Average 1990 - 2003)





# ATTITUDES TOWARDS POE

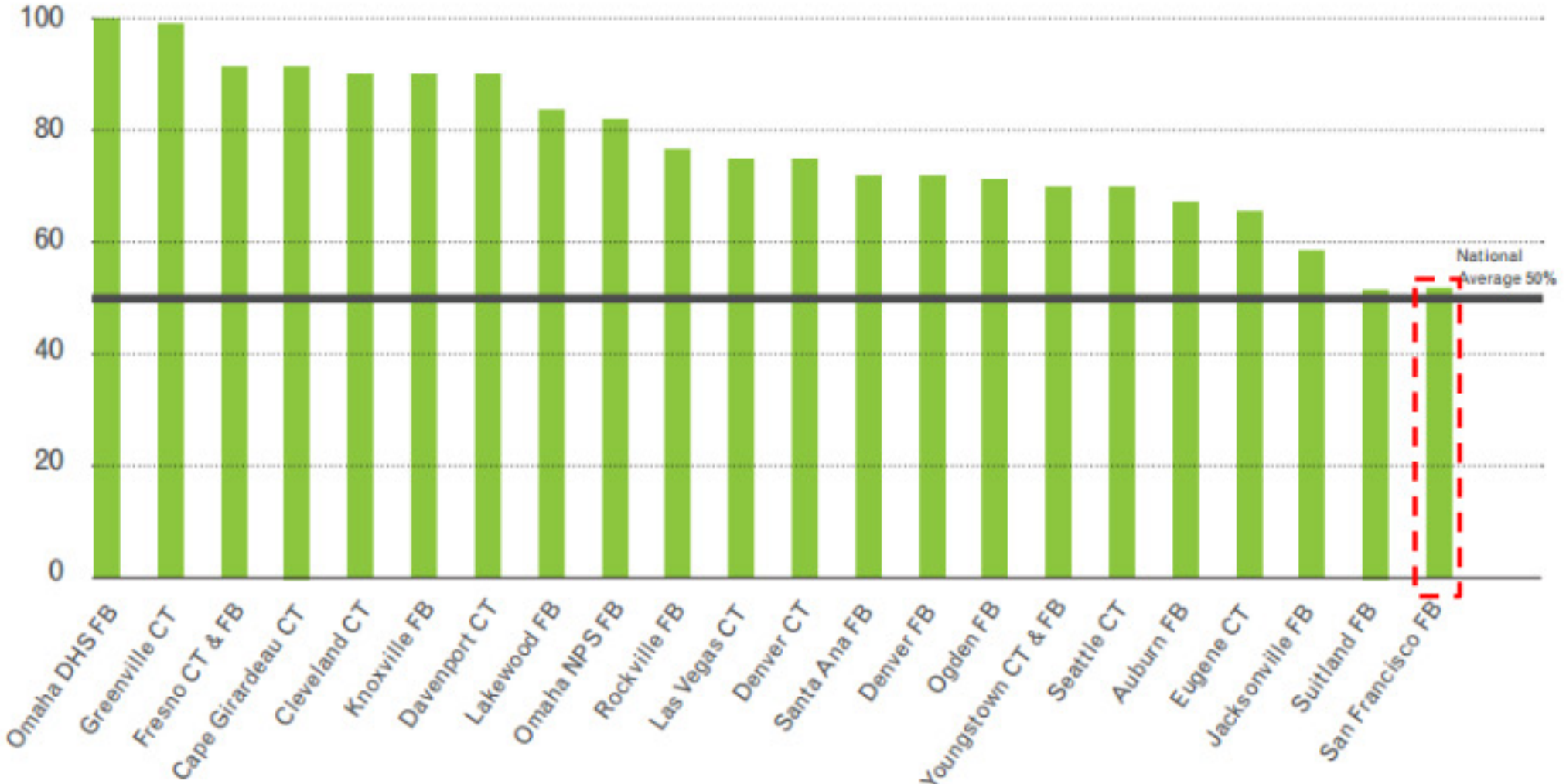
WE CARE ABOUT HOW THE BUILDING ACTUALLY PERFORMS

# 50%

SATISFACTION

### Occupant Satisfaction

(% Satisfaction, compared to CBE, 2009 )







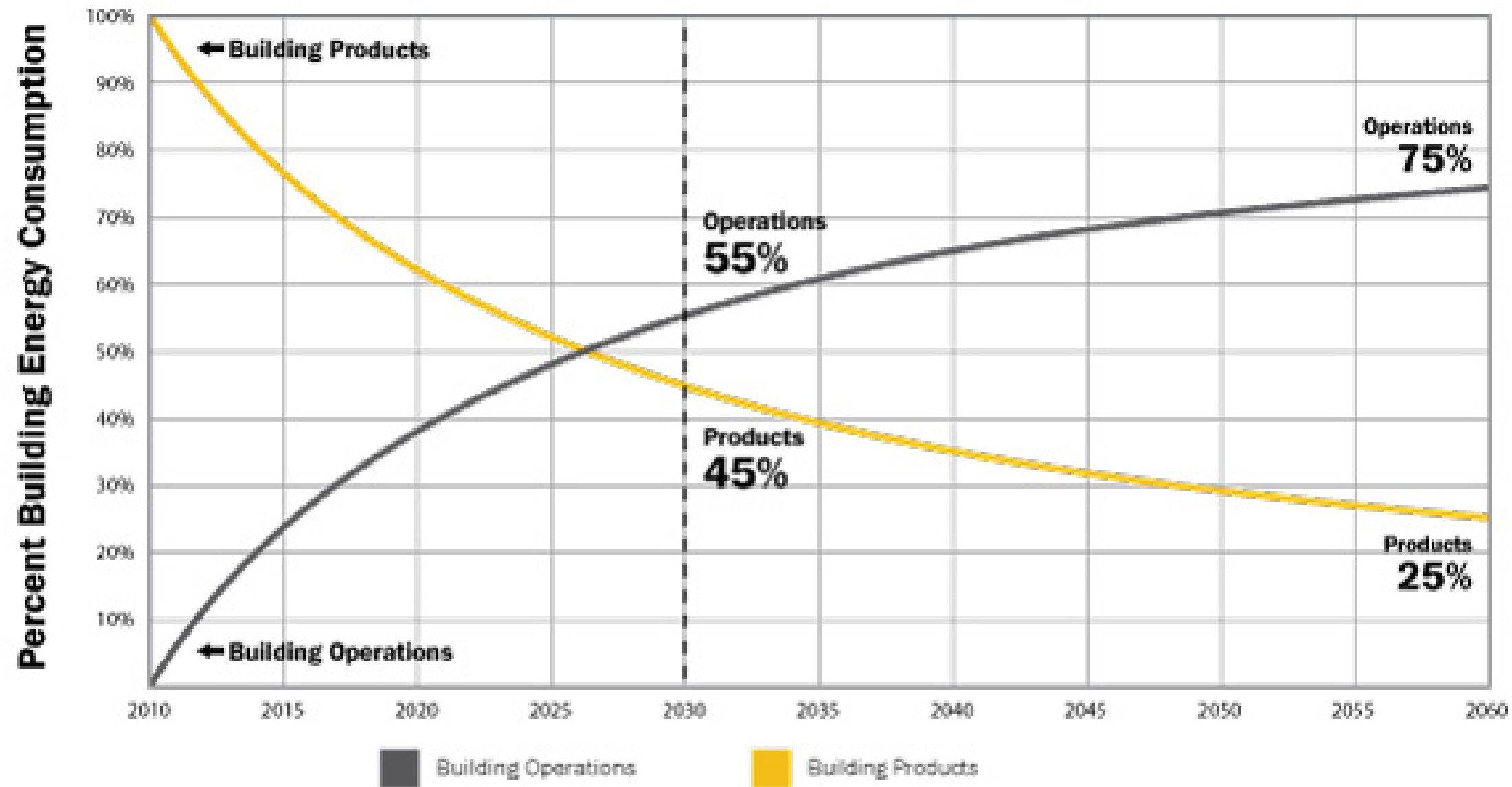
**DO PEOPLE PREFER THE DAYLIGHT AND VIEWS FROM ALL-GLASS FACADES?**

**ARE OCCUPANTS MORE COMFORTABLE IN UNDERFLOOR AIR DISTRIBUTION SYSTEMS?**

**DO AUTOMATED BLIND SYSTEMS LEAD TO BETTER VISUAL COMFORT?**

# ATTITUDES ABOUT LIFE CYCLE

## WE CARE ABOUT THE FULL LIFE CYCLE OF A BUILDING



### Operating/Embodied Energy (Typical Residence Built in 2010)

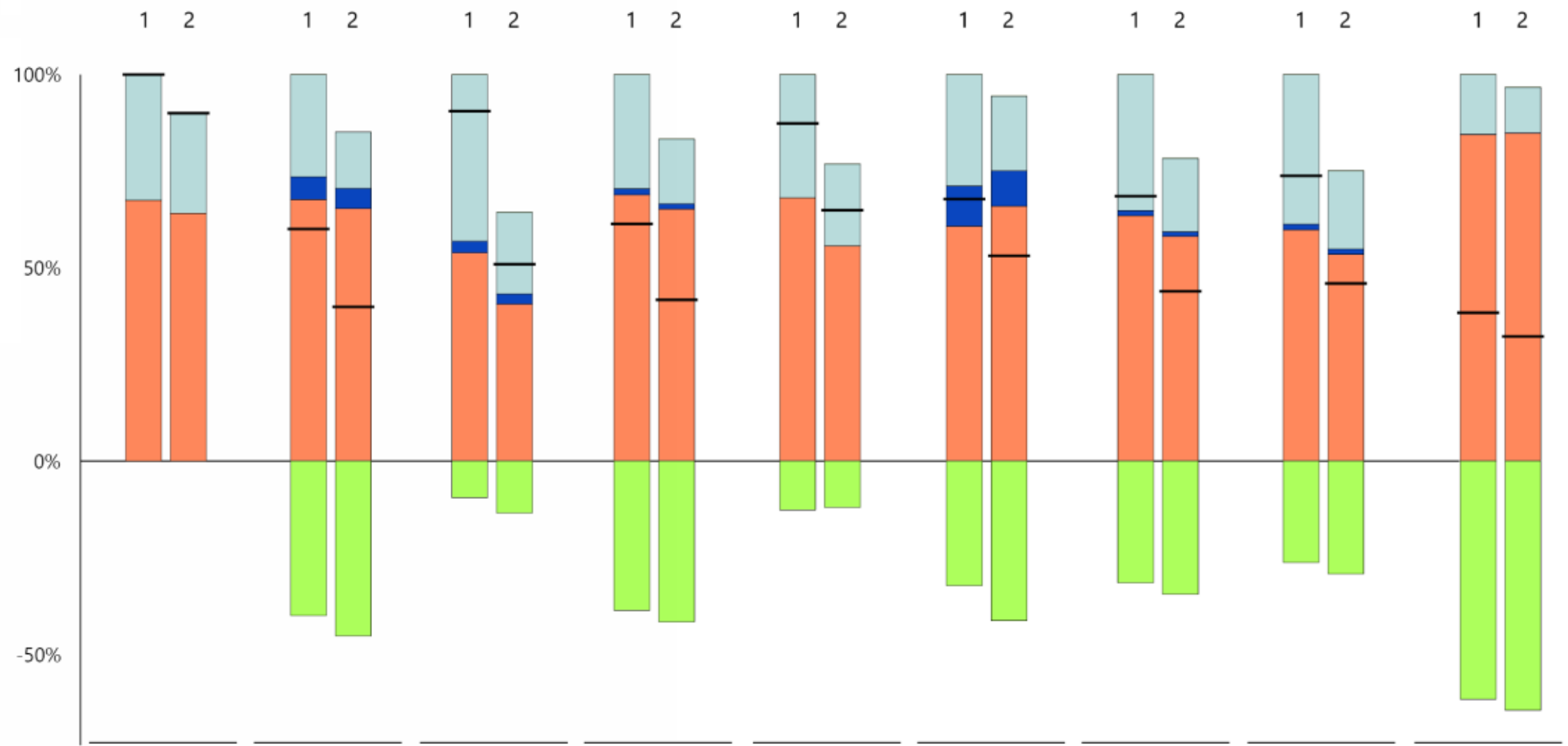
Source: ©2011 2030, Inc. / Architecture 2030. All Rights Reserved.  
Data Source: EIA (2011), Richard Stein.



# ATTITUDES ABOUT LIFE CYCLE

## UNDERSTANDING THE MECHANICS





Mass

Acidification Potential

Eutrophication Potential

Global Warming Potential

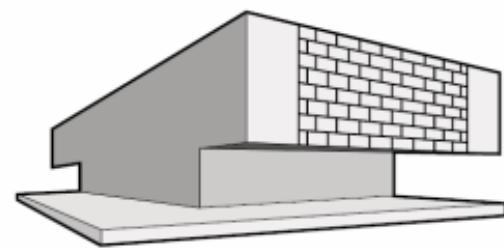
Ozone Depletion Potential

Smog Formation Potential

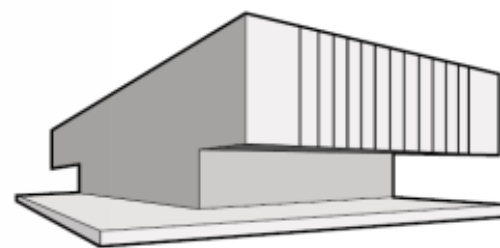
Primary Energy Demand

Non-renewable Energy

Renewable Energy



Option 1



Option 2

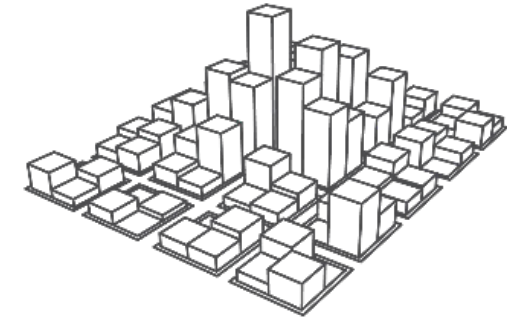
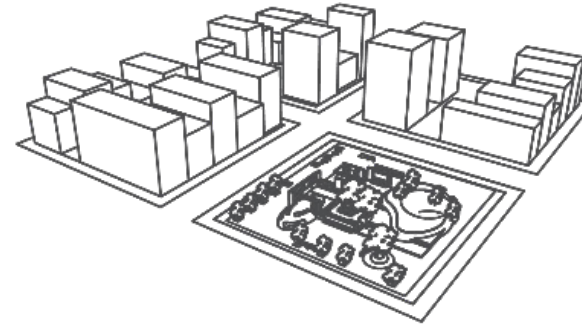
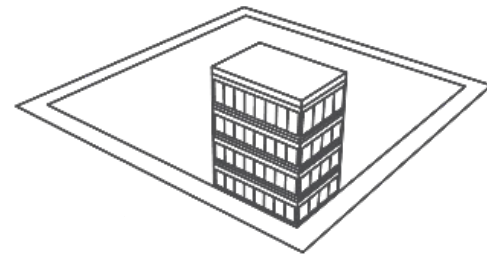
### Life Cycle Stages

- Manufacturing
- Transportation
- Maintenance and Replacement
- End of Life
- Net Value (impacts and credits)



# ATTITUDES TOWARD HEALTH

## WHAT'S YOUR BUILDING'S HEALTH STORY?



---

**MOLECULAR**

**CITY**

# ATTITUDES

## ENCOURAGING ACTIVITY



6+ sitting hours  
in leisure time

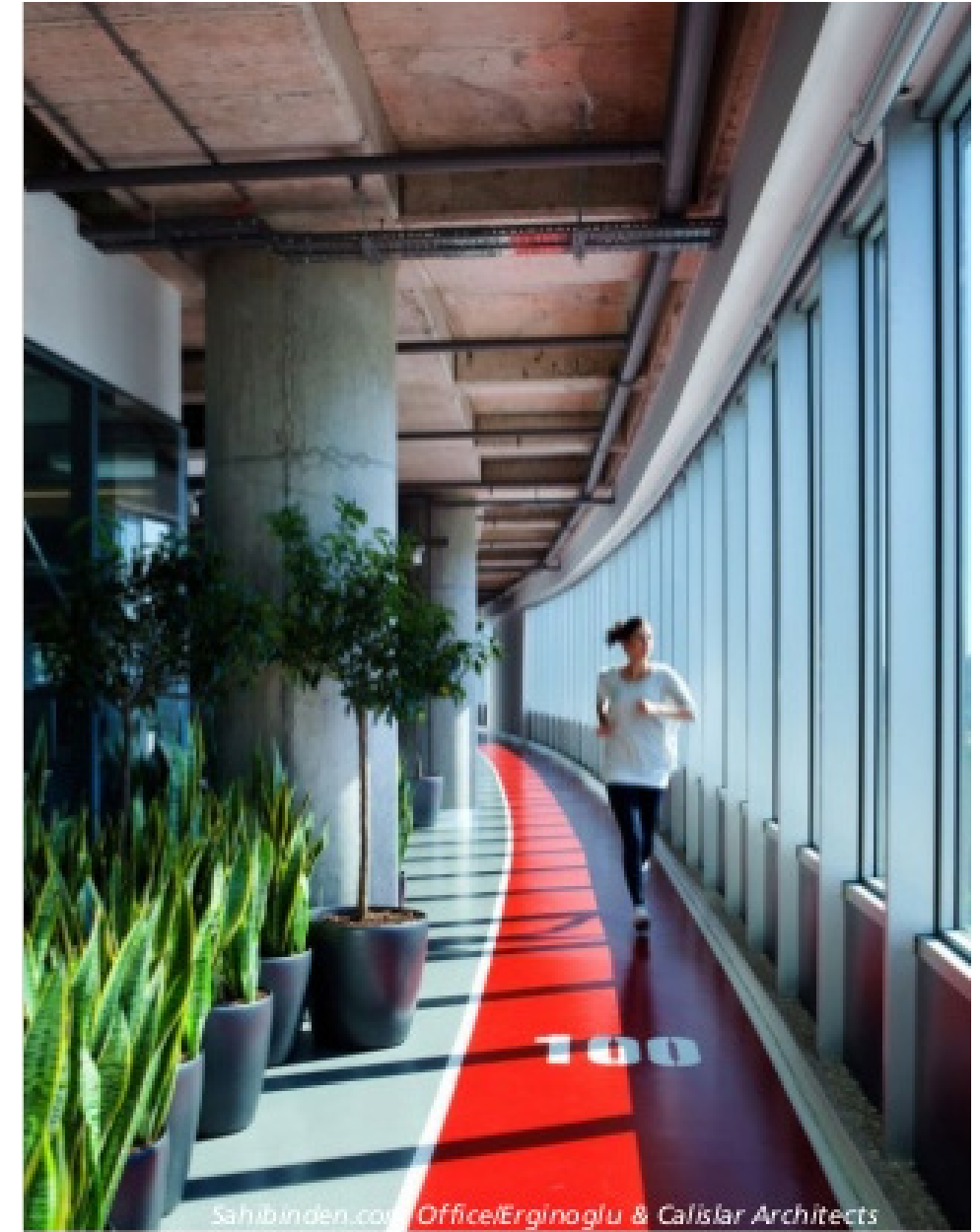


for men a 20%  
higher death rate



for women 40%  
higher death rate.

than for people sitting  
3 hours or less





# ATTITUDES

## HEALTHY MATERIALS

|   | FIBERGLASS BATT INSULATION | POLYURETHANE FOAM (HFOA-245fa) | SPF OPEN-CEL (WATER-BLOWN) | HONEYWELL SOLSTICE LIQUID BLOWING AGENT | CELLULOSE INSULATION | RIGID MINERAL WOOL | COTTON DENIM INSULATION |
|---|----------------------------|--------------------------------|----------------------------|---|----------------------|--------------------|-------------------------|
| Low Life Cycle Cost<br><i>multiple of initial cost for fixes over 15 yrs</i>                          | ●                          | ●                              | ○                          | ●                                       | ●                    | ●                  | ○                       |
| Low initial Cost \$   | ●                          | ●                              | ○                          | ●                                       | ●                    | ○                  | ○                       |
| High insulation, resulting in improved energy efficiency<br><i>R-value</i>                            | ○<br>3.3/in                | ●<br>6.0/in                    | ●<br>6.0/in                | ●<br>>6.0/in                            | ●<br>3.7/in          | ●<br>4.0/in        | ●                       |
| Smooth surfaces<br><i>low vapor pressure and high boiling point</i>                                   | ○                          | ●                              | ●                          | ●                                       | ○                    | ○                  | ○                       |
| Low environmental impact<br><i>global warming potential ft<sup>2</sup>-R</i>                          | ●<br><0.1                  | ○<br>1.5                       | ●<br><0.1                  | ○<br>1.0                                | ●<br><0.01           | ●<br><0.1          | ●                       |
| Non-flammable<br><i>By ASTM E-681 test method</i>   | ○                          | ●                              | ○                          | ●                                       | ●                    | ●                  | ●                       |
| Safe for installers<br><i>Low VOC</i>   | ○                          | ○                              | ○                          | ●                                       | ○                    | ○                  | ●                       |
| Low negative health impact<br><i>health in the environment, carcinogen production over life cycle</i> | ○                          | ○                              | ○                          | ○                                       | ○                    | ○                  | ●                       |
| Ease of application   | ○                          | ●                              | ●                          | ●                                       | ●                    | ●                  | ●                       |
| Quiet Environment<br><i>Noise Reduction Coefficient</i>   | ●                          | ●                              | ●                          | ●                                       | ●                    | ●                  | ●                       |
| SCORE<br><i>oversimplification, not to be overemphasized</i>  | 6                          | 10                             | 6                          | 12                                      | 10.5                 | 7                  | 11.5                    |

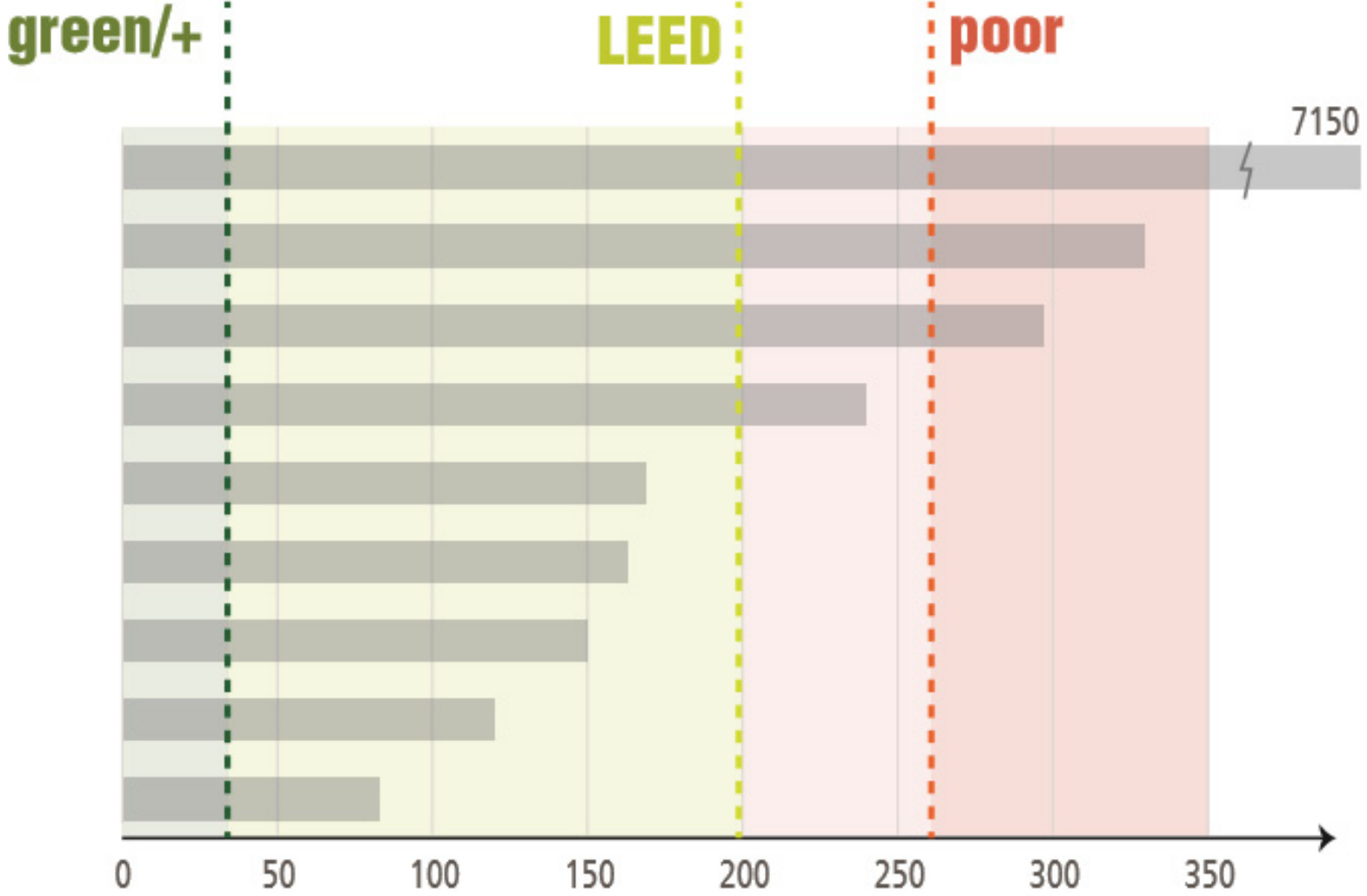
LEGEND

- does not meet the goal or impossible
- somewhat meets the goal or ok
- meets the goal or better
- exceeds the goal or best

red = -1  
yellow = +1  
light green = +1.5  
green = +2

# ATTITUDES

## HEALTHY AIR



VOC Content in Office Spaces in New Orleans compared to thresholds defined by the 2015 Cognitive Effects Study





# ATTITUDES

## NEW 3RD PARTY CERTIFICATIONS



# ATTITUDES TOWARDS DESIGN

## LADDER OF ENGAGEMENT

Architectural Concept engages energy/  
sustainability in a meaningful way



Performance criteria affects massing,  
envelope, design decisions, etc.



Make this glass box perform better



Help me make this building legal

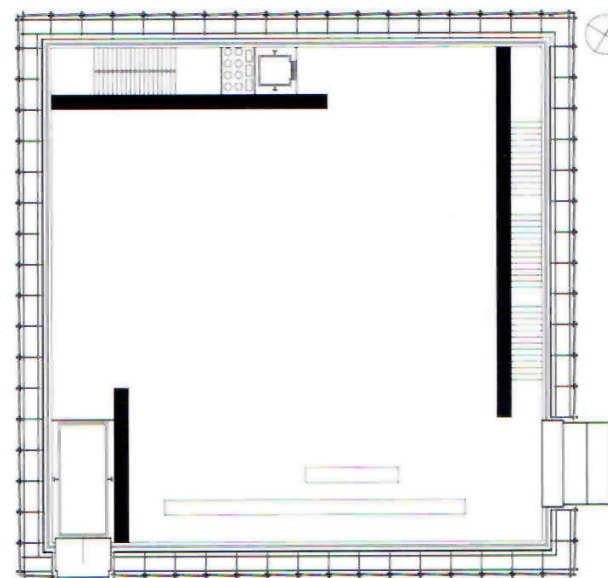


# ATTITUDES TOWARD DESIGN

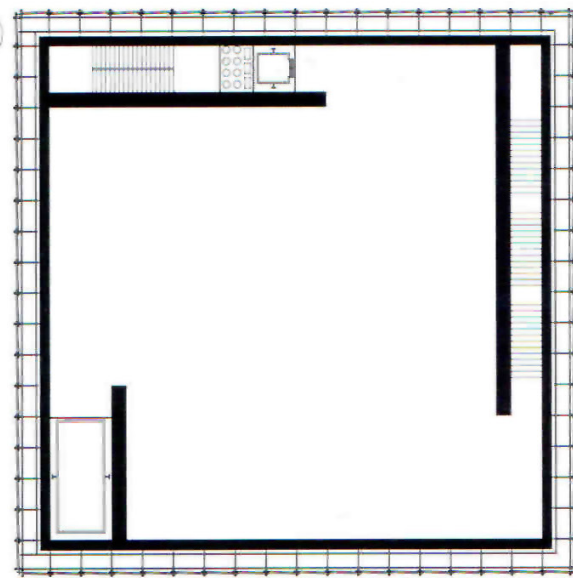
## ARCHITECTURAL CONCEPT INTEGRATION - PHYSICS



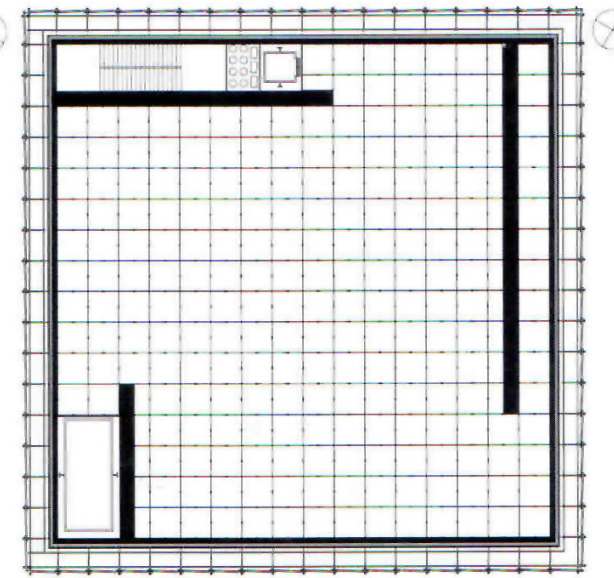
**Kunsthhaus - Peter Zumthor**



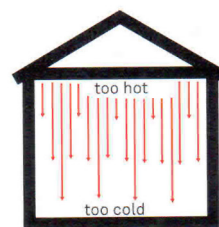
floor plan



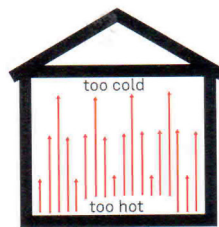
floor plan



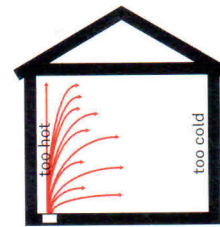
RCP



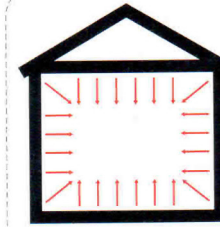
Coils in ceiling only



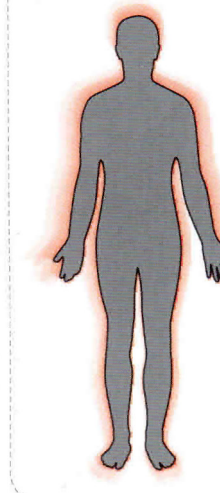
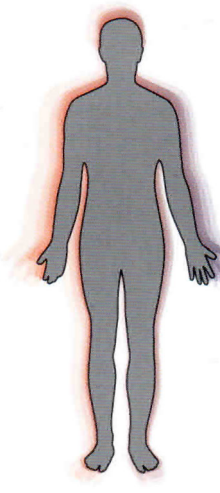
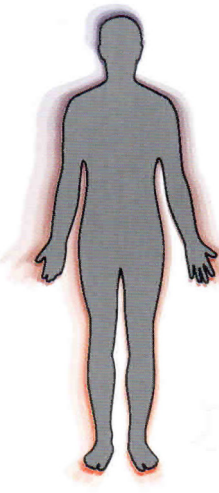
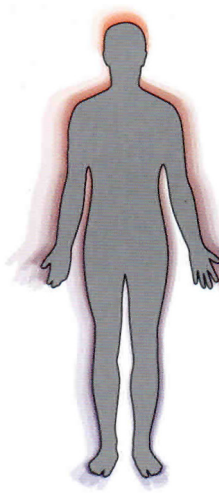
Coils in floor only



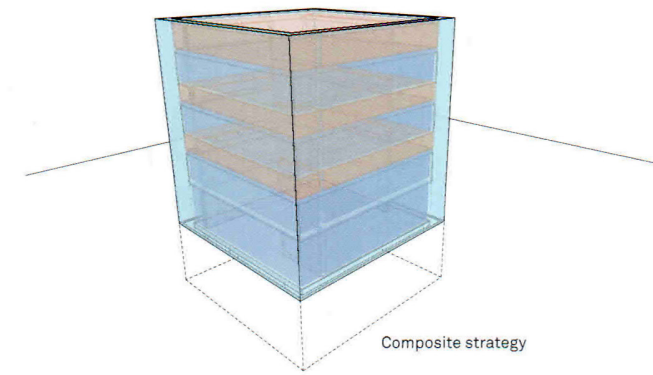
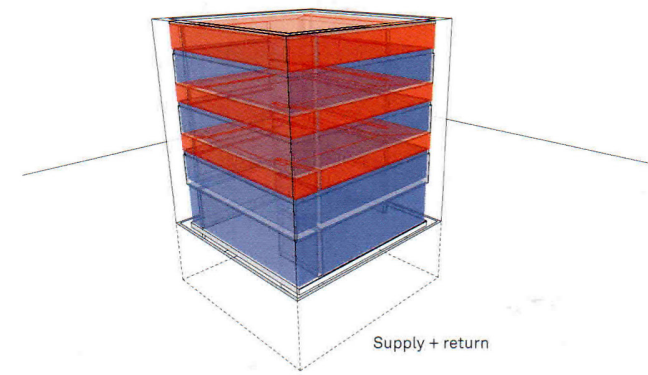
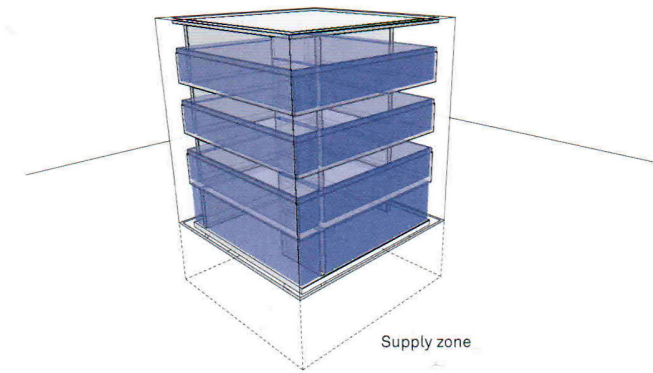
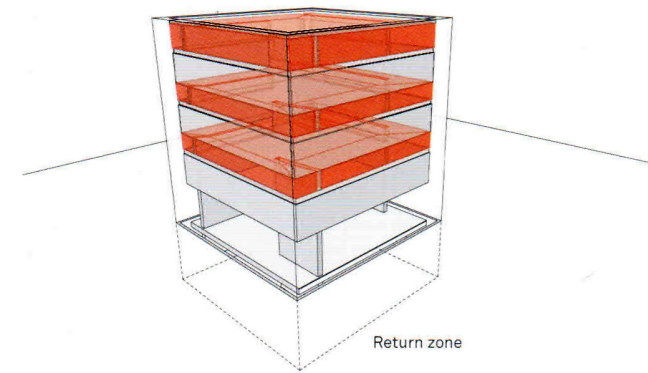
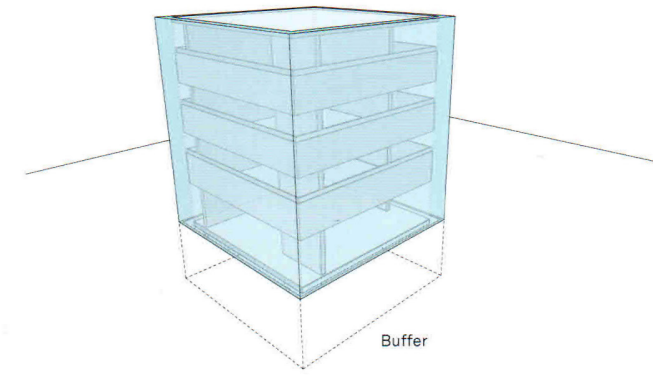
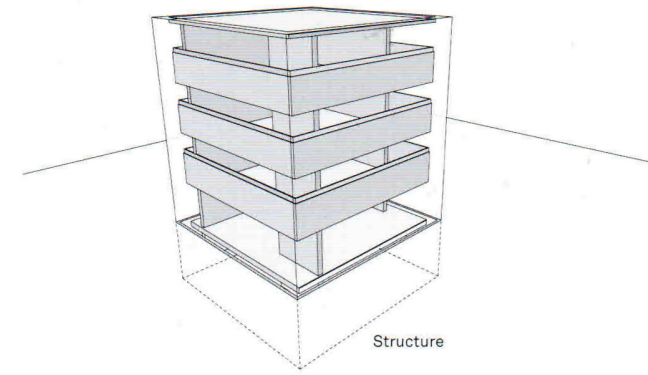
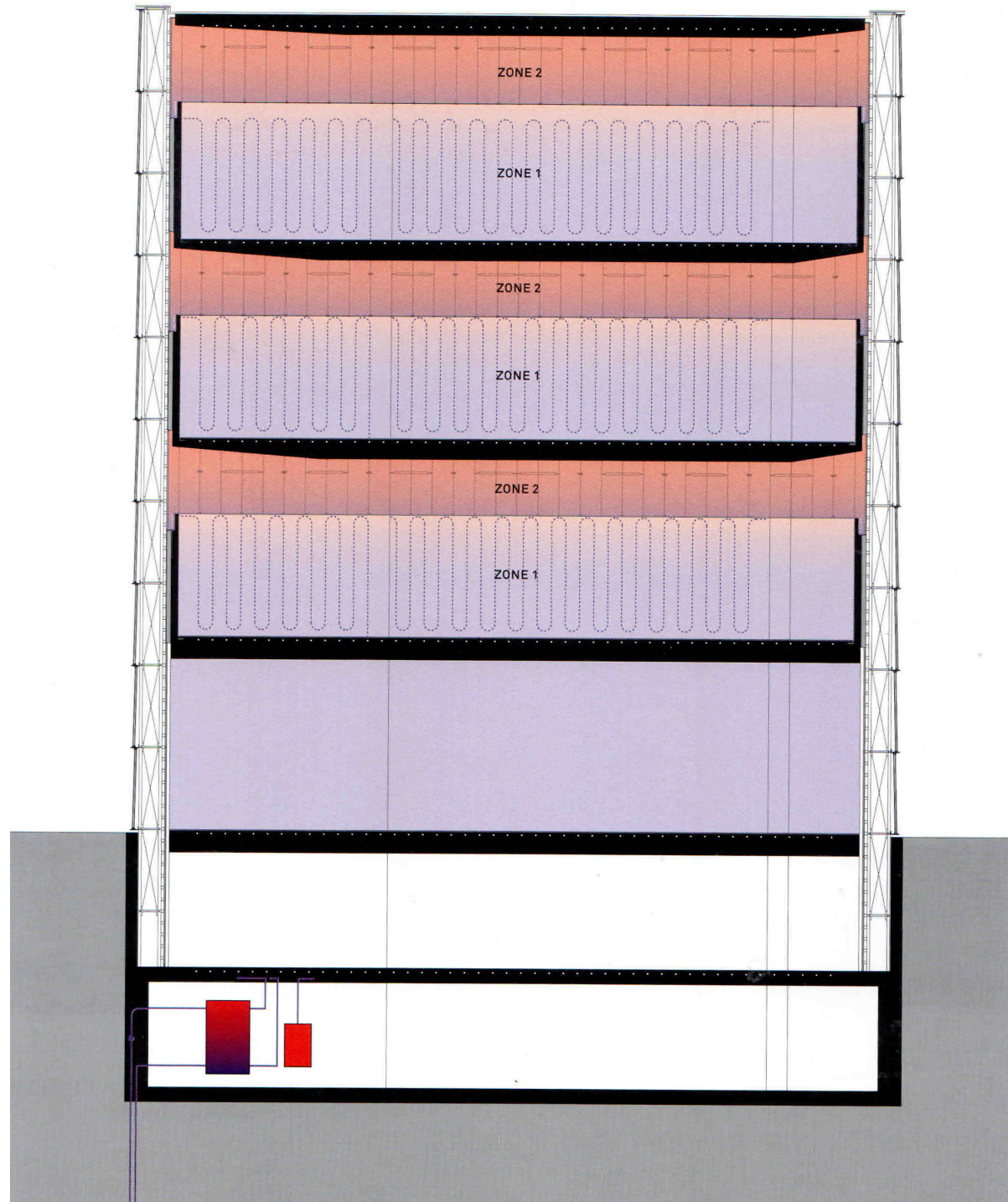
Forced warm air:  
Too local, too hot, too fast



Ideal, all 6 room surfaces  
heated to low, even temp









97%<sup>A</sup> 65%<sup>\$</sup> 63%<sup>E</sup>





# ATTITUDES TOWARD DESIGN

## ARCHITECTURAL CONCEPT INTEGRATION - PASSIVE DESIGN

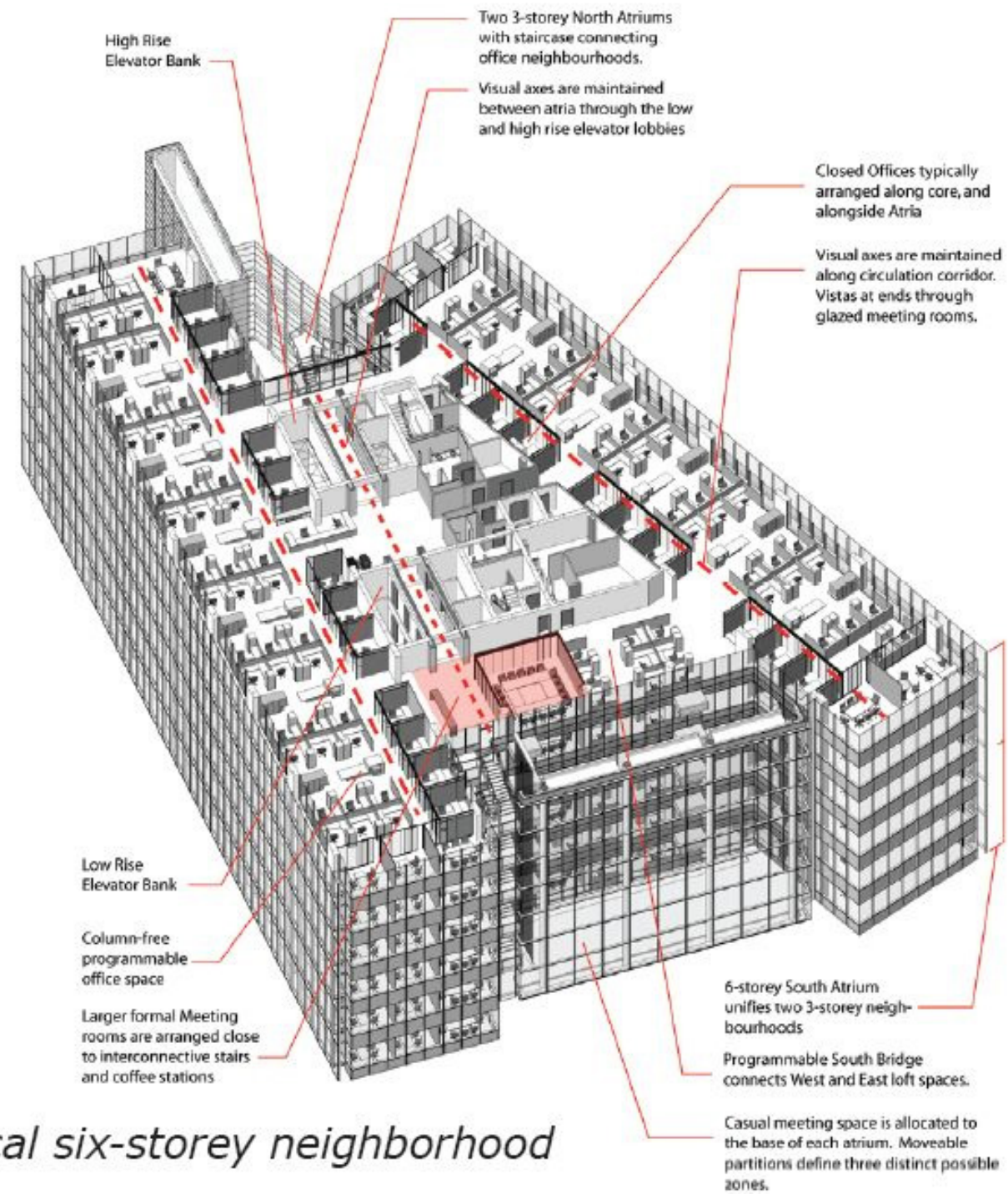


Manitoba Hydro - KPMB Arch - Winnipeg, Canada - HDD 10,858 CDD 1784



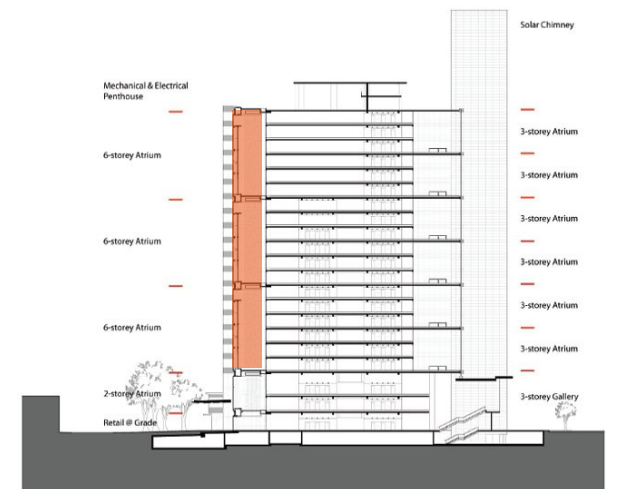
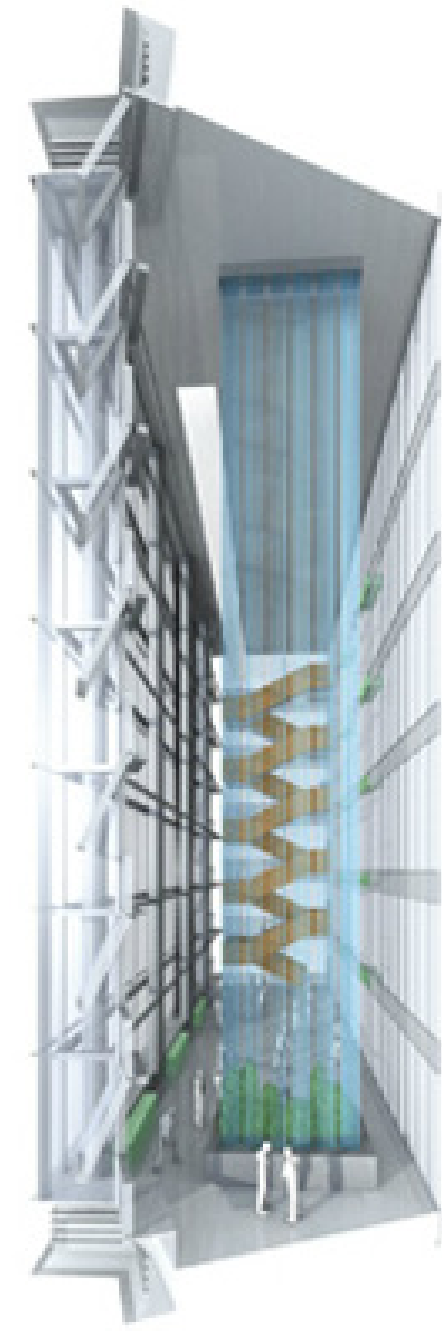
various charette schemes

6

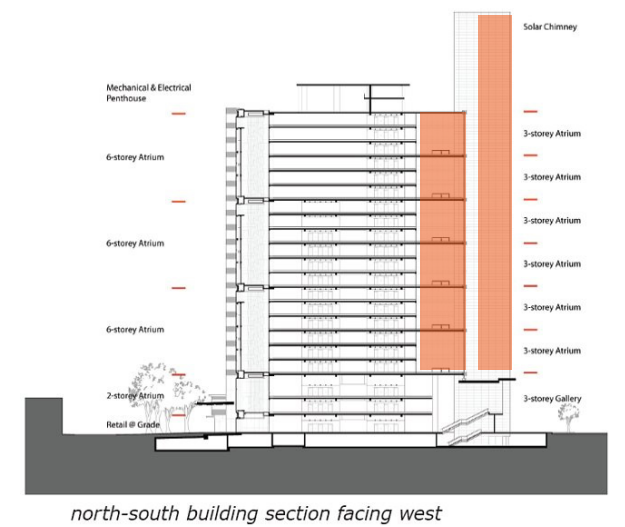
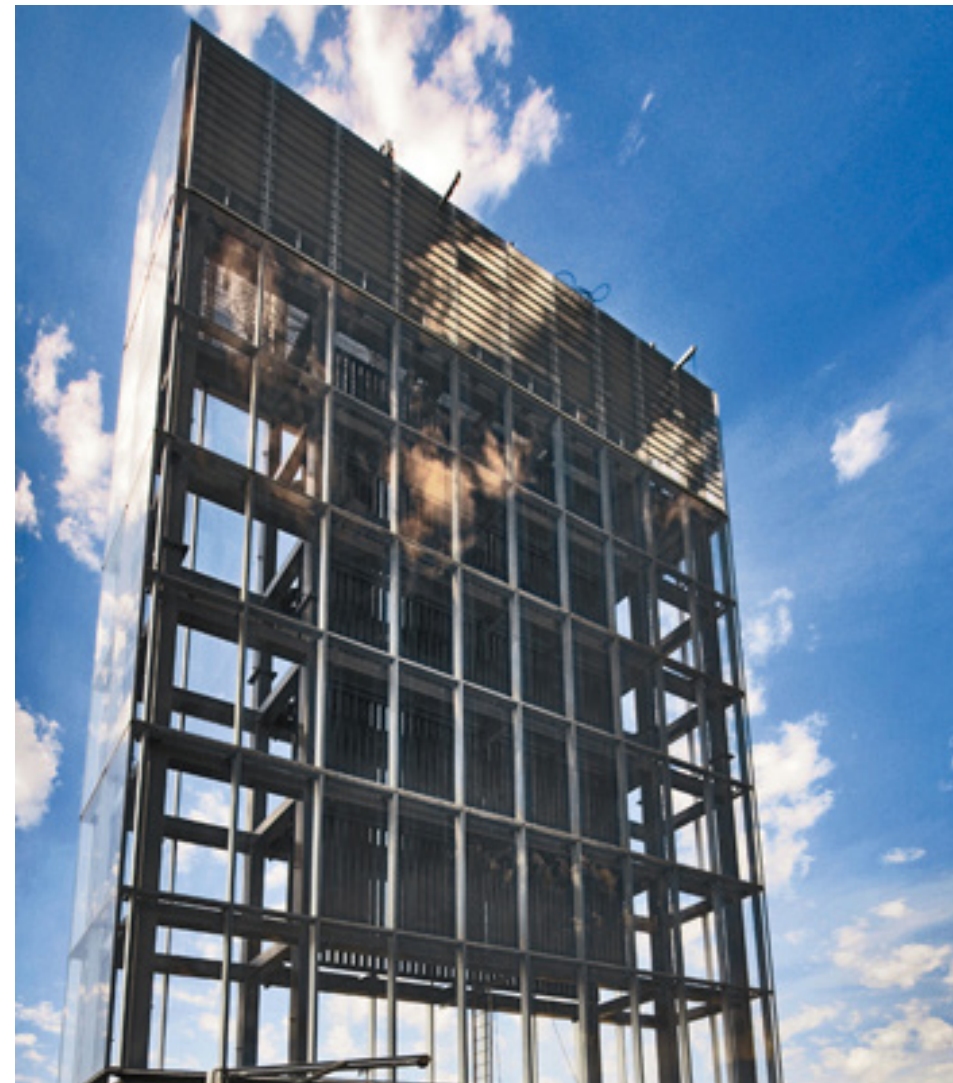


typical six-storey neighborhood





north-south building section facing west





# ATTITUDES TOWARD DESIGN

## ARCHITECTURAL CONCEPT INTEGRATION - METAPHOR



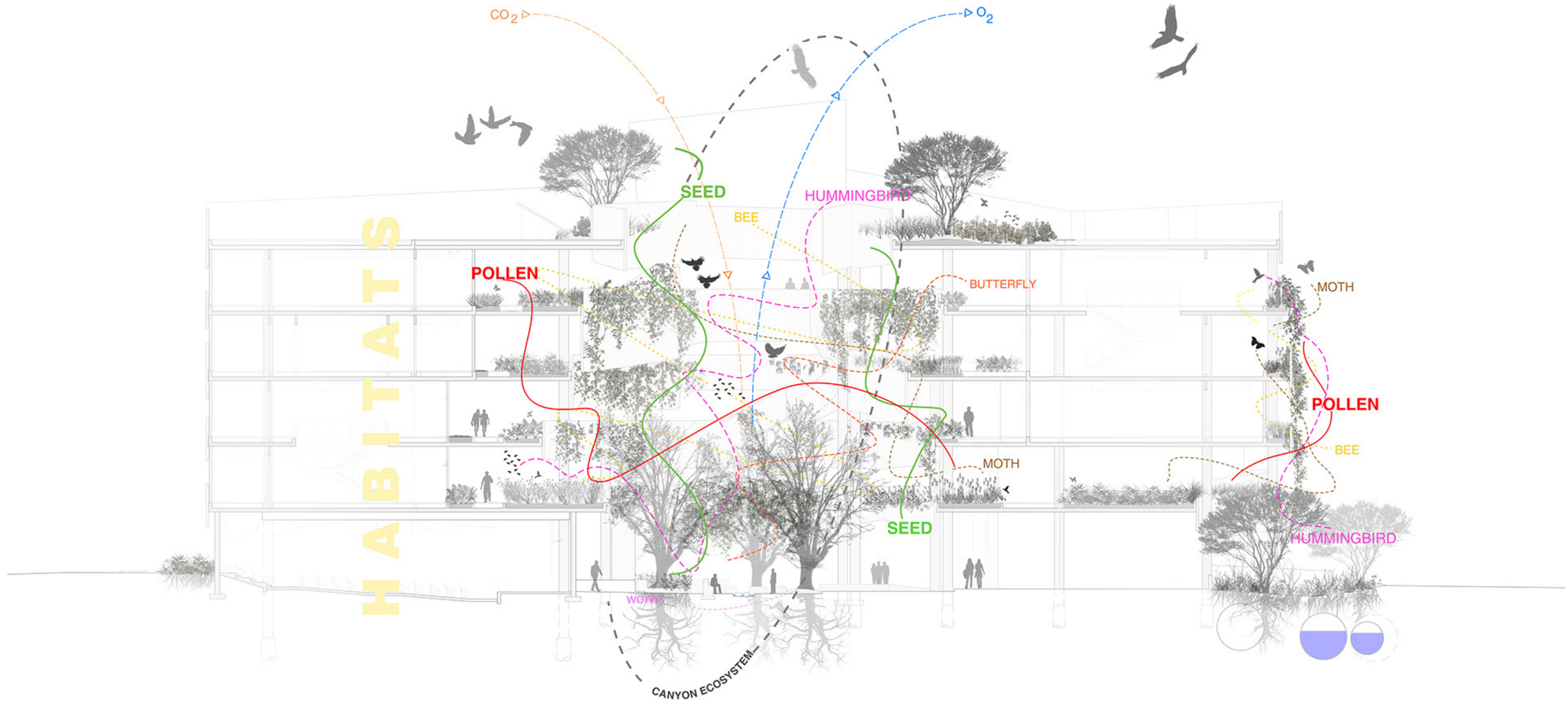
Environment + Natural Resources 2 - Richard Bauer

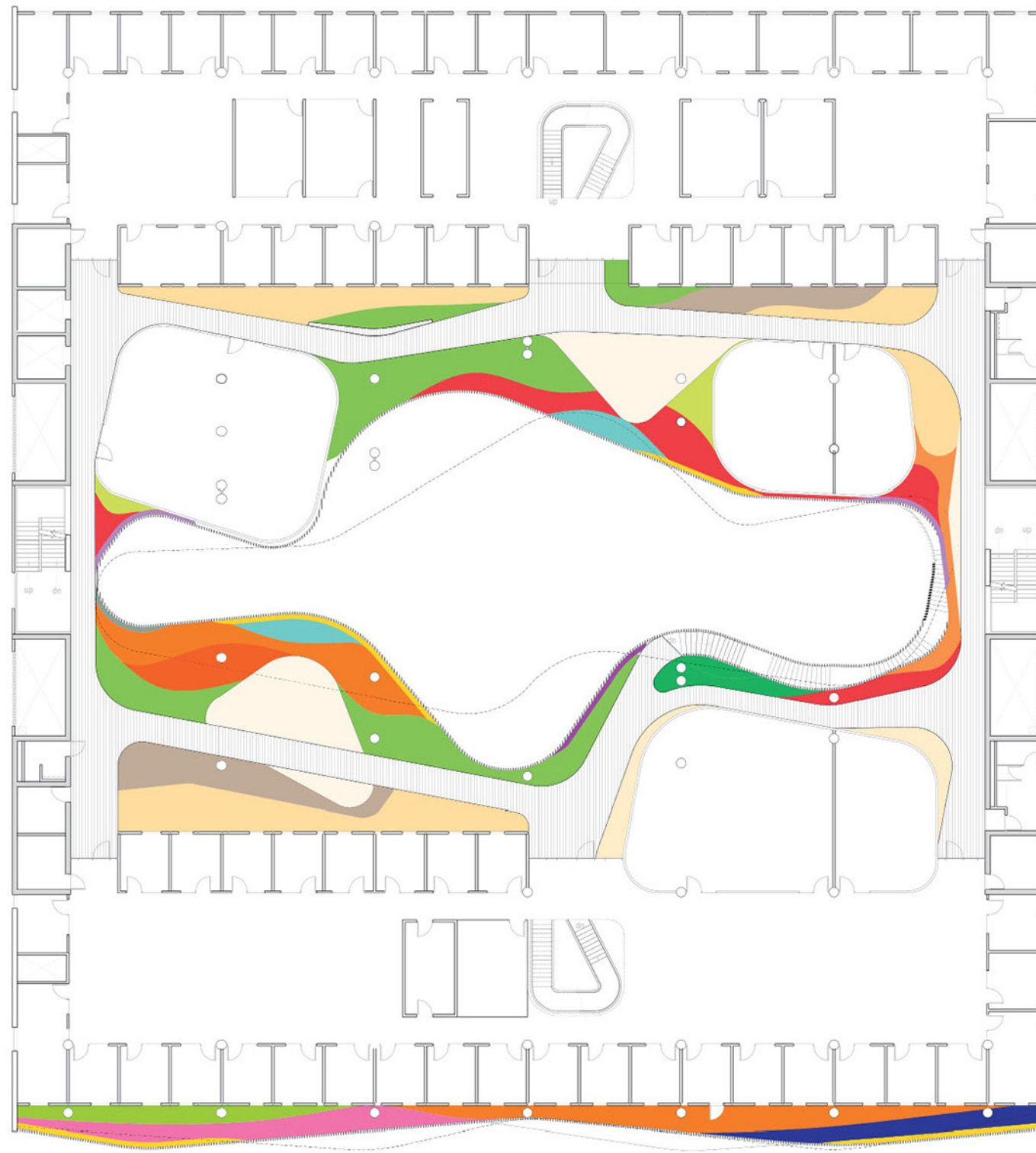




**40% water redux  
260,000 gallons/yr  
thermal mass  
solar chimneys  
evaporative cooling**



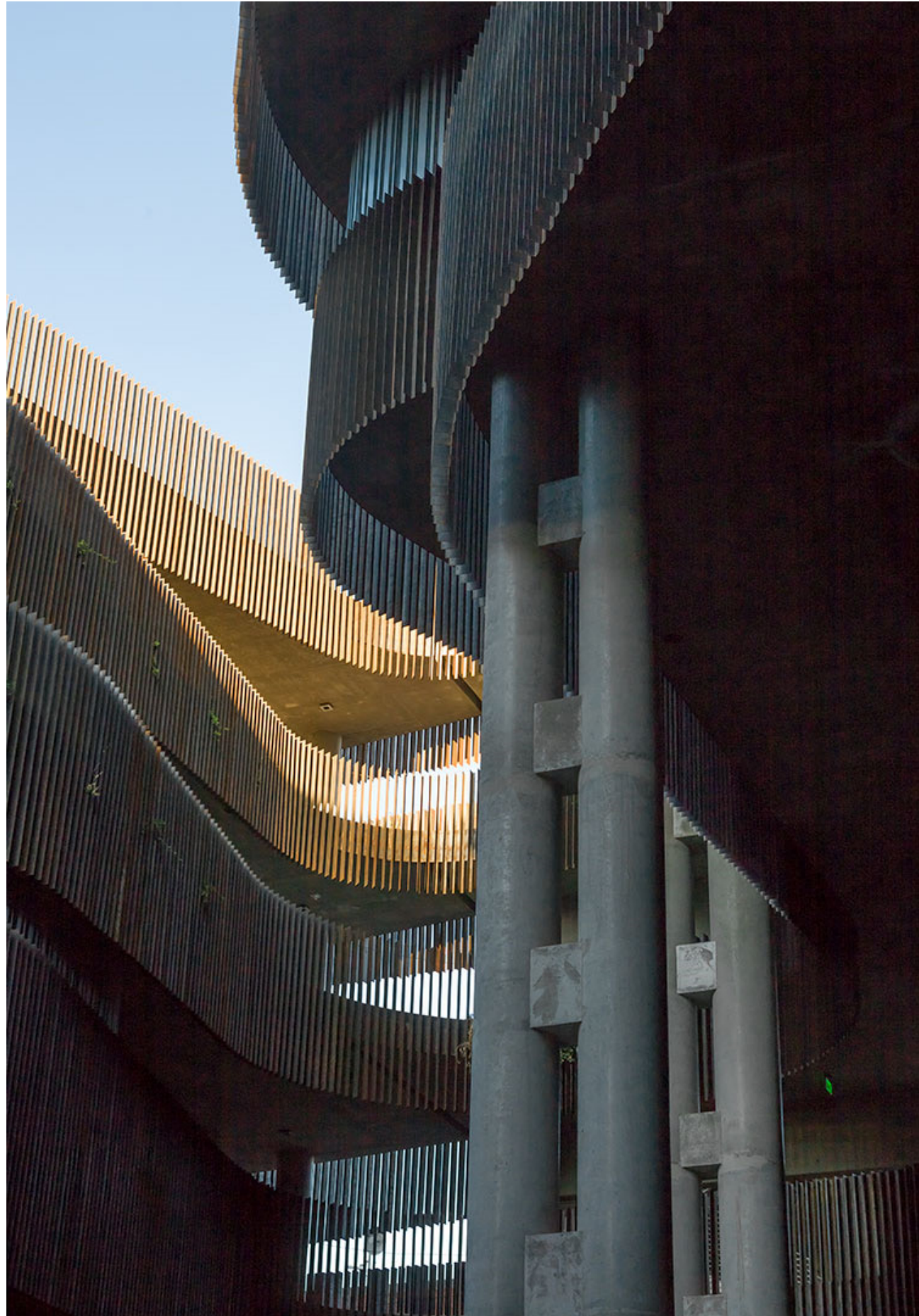




**Legend**

- Stabilized Decomposed Granite
- Rock I Mix (Medium Texture)
- Rock II Mix (Heavy Texture)
- Agave chrysantha* / Golden Flower Agave
- Agave palmeri* / Palmer's Agave
- Calliandra eriophylla* / Pink Fairy Duster
- Cissus trifoliatus* / Grape Ivy
- Dasyliiron wheeleri* / Desert Spoon
- Datura wrightii* / Sacred Datura
- Equisetum hyemale* / Horsetail Reed
- Justicia californica* / Chuparosa
- Lobelia cardinalis* / Cardinal Flower
- Muhlenbergia dumosa* / Bamboo Muhly
- Mascagnia macroptera* / Yellow Orchid Vine
- Passiflora arizonica* / Arizona Passionflower
- Peniocereus greggii* / Night Blooming Cereus
- Woodwardia fimbriata* / Giant Chain Fern
- Zauschneria californica* / California Fuscia







“

The first act of architecture is to put a stone on the ground.  
That act transforms a condition of nature into a condition of  
culture. It is a holy act.

”



Mario Botta